

○ MUSIC city COUNSELOR

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○

www.musiccitycounselor.com

Alignment to ASCA Mindsets & Behaviors:

Category 1: Mindset Standards

- MI: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- M3: Sense of belonging in the school environment

Category 2: Behavior Standards

- B-22 2: Create positive and supportive relationships with other students
- B-22 6: Use effective collaboration and cooperation skills
- B-22 9: Demonstrate social maturity and behaviors appropriate to the situation and environment

DIRECTIONS:

This lesson takes approximately 45 minutes to teach.

RECOMMENDED SEQUENCE:

1. Read the story "The Recess Queen" by Alexis O'Neill.
2. Review the PowerPoint or Google Slides presentation.
3. Review the Recess Friend and Recess Queen posters.
4. Play the Recess Friend vs. Recess Queen sorting game (you choose one of the following 3 versions):
 - Digital for Google Slides sorting game (link provided in the zip folder!)
 - Printable bag sorting game
 - Printable folder sorting game activity
5. Complete one of the closing crafts, worksheets, mini coloring book, or coloring pages

TO PREP THE BAG SORTING GAME:

Before the lesson, please grab two paper lunch sacks or gift bags of similar size. Full color and black/white materials are included. Please print, cut out, and glue the "Recess Friend" and "Recess Queen" labels to the top of each bag so that the characters are hanging off the top of the bag as shown in the sample on the next page.

Please print the 24 scenario cards on cardstock and/or laminate them so that you can use them year after year. Please also print the Recess Friend and Recess Queen posters. Full color and black/white versions are included so please only print the pages that you need. Once they're printed, please cut out the scenario cards.

To play, please first review the Recess Friend and Recess Queen posters. Then, place the sorting bags and scenario cards at the front of the classroom. Students take turns choosing a scenario card and reading it aloud to the class (or asking the educator to read it aloud). I display the cards on the projector

after a student selects it so that all students can follow along and view the clipart picture as well. Then, the student who chose the card places it in the "Recess Friend" bag if the statement shows a behavior that represents a recess friend, or in the "Recess Queen" bag if the scenario represents a recess queen behavior. I recommend explaining each card to students after the child places it in the bag and generating a bit of discussion about why the card represents a recess friend choice or a recess queen choice. Since there are 24 cards, every student in a typical elementary class can have at least one turn.

After the game, students can work on any of the included craft, worksheets, mini activity book, or coloring pages (or they can take them home, too!)



Folder Sorting Game:

Both a full color and a black/white version of the folder sorting game are included. Please choose the version that best fits your printing needs! A sample is provided on the next page.

This activity includes the same scenarios as the digital for Google Slides and the printable bag sorting games, but offers a nice folder game that students can take home! I especially like using this activity in small groups.

To make the folder sorting game, first color the cover and inside pocket pieces (if you are using the black/white version). Then, fold a piece of construction paper in half, like you are making a greeting card. Glue the cover page to the front of the construction paper.

Then, open the construction paper and glue each pocket inside as described in the directions.

Once the folder is assembled, please cut out each of the scenario strips. Students can read them and sort them into the "Recess Friend" side if they show a recess friend choice, or the "Recess Queen" side if they show a recess queen choice!

COVER:

SAMPLE Folder Sorting Game:

INSIDE:



SAMPLE Craft:



THE RECESS QUEEN

I am NOT a **RECESS QUEEN!**

I am NOT a Recess Queen
because...

I treat others
with kindness and
include them in
everything I do.



THE RECESS QUEEN

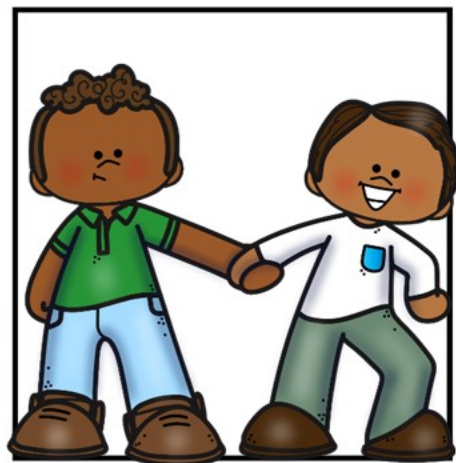
I am a **RECESS FRIEND!**

I was a Recess Friend when I...
asked the new
student to play on
the swings with me.

POSTERS

RECESS FRIENDS

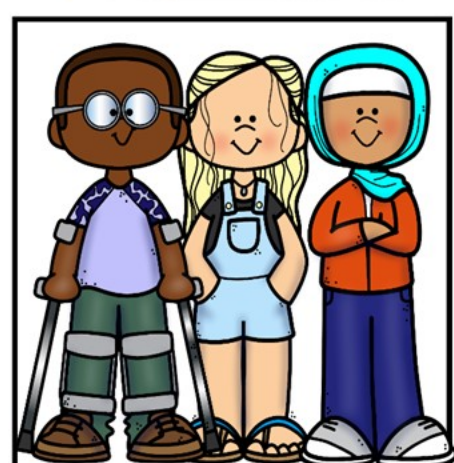
are...



Inclusive



Kind



Respectful



Helpful



Encouraging



Rule followers

RECESS QUEENS

are...



Exclusive



Unkind



Disrespectful



Unhelpful



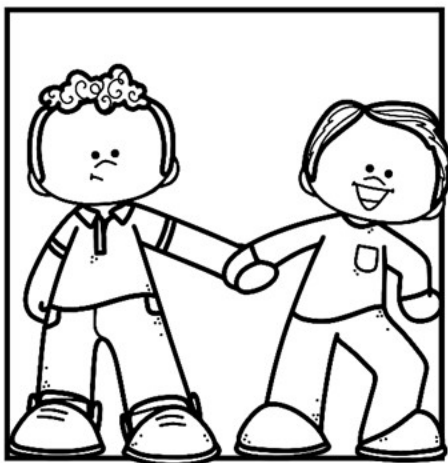
Discouraging



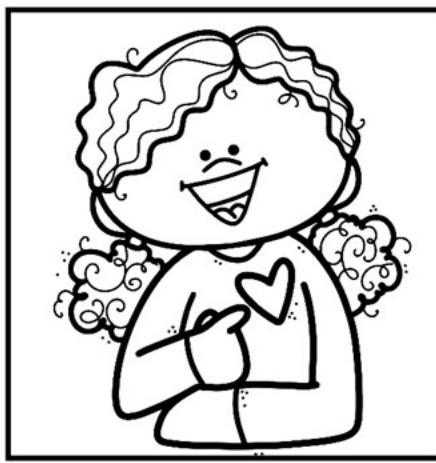
Rule breakers

RECESS FRIENDS

are...



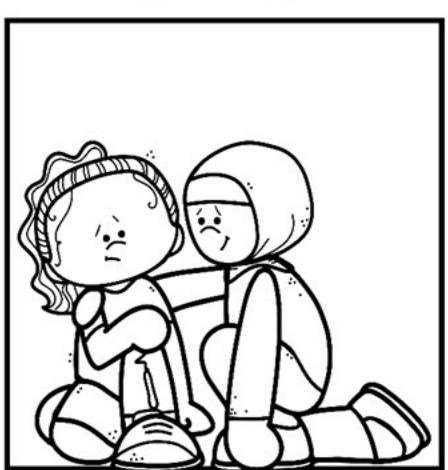
Inclusive



Kind



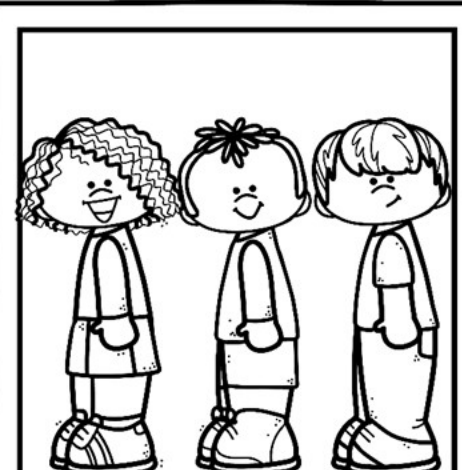
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Rule breakers

BAG SORTING GAME LABELS

(Cut these out and glue them
to brown paper lunch sacks!)

Please cut out and glue this character/label to the top of a brown paper lunch sack as shown in the sample.



RECESS
QUEENS

Please cut out and glue this character/label to the top of a brown paper lunch sack as shown in the sample.



**RECESS
FRIENDS**

..

Please cut out and glue this character/label to the top of a brown paper lunch sack as shown in the sample.



**RECESS
QUEENS**

Please cut out and glue this character/label to the top of a brown paper lunch sack as shown in the sample.



**RECESS
FRIENDS**

...

SCENARIO CARDS

Carla respects
friends who are
different from her.



Ja'Kya shared the
ball with Maria.



Mohammed
fell off the
monkey
bars so
Mario
took
care of him.



Joey noticed that
Sally was alone, so he
sat next to her.



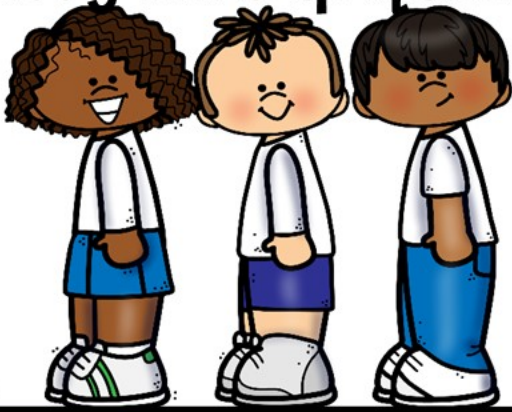
Jackson played too
rough at recess.



Harvey
waited
for his
turn on
the slide.



When it was time to go inside, Tara, Chris, and Gerry lined up quietly.



Luis always includes others.



Stephanie looked lonely and sad, so Tameka cheered her up.



Joshua said that Tom was weird so no one should play with him.



Cory was playing alone, so Carmen asked him to play in the sandbox.



Holly and Kate started a new club and said that Cora couldn't join.





Laura :
reported
bullying
to her
teacher.

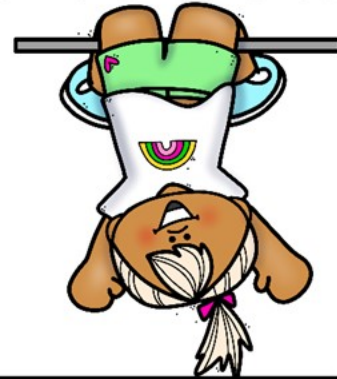
Kenny and Greg used
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Helen cleaned up the
toys and equipment.



Kelly told Sandy that
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No one picked Charlie:
to play on their
kickball team.



Eric wouldn't:
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Jenny said that she's
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Sherrie waited her
turn on the swings.



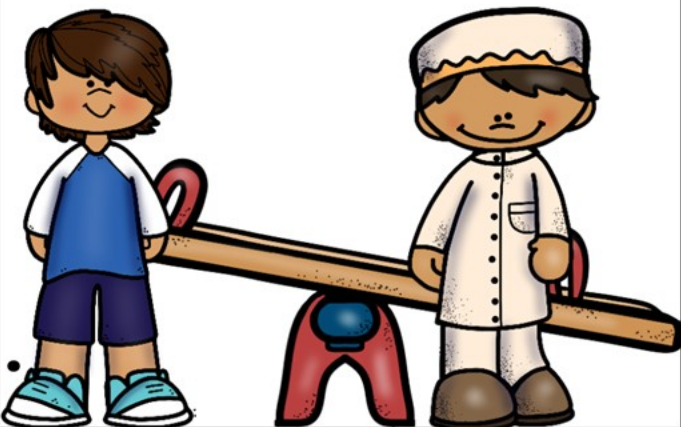
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Cassie said,
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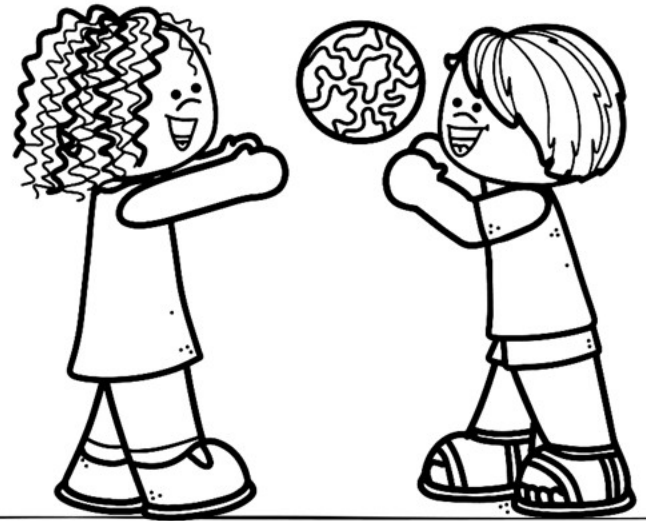
Jamie asked the new
student to play
basketball with him.



**Carla respects friends
who are different from
her.**



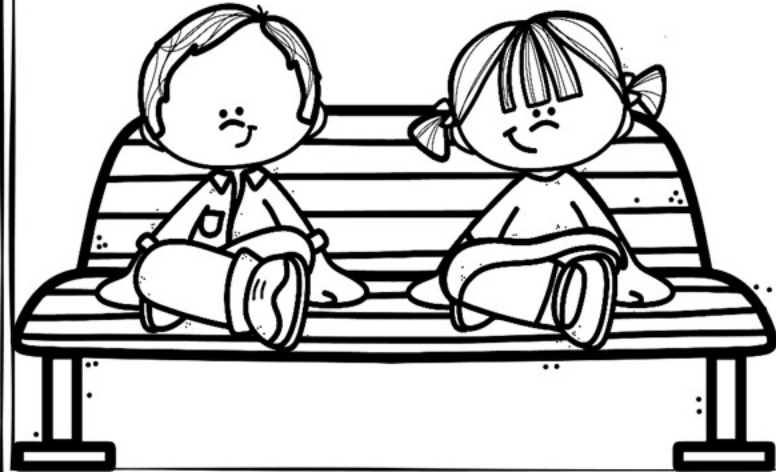
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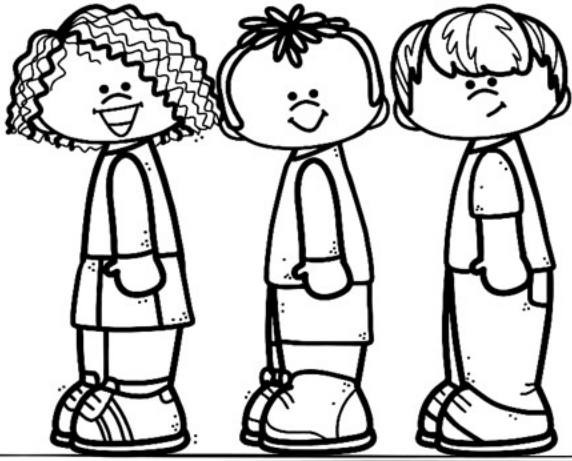
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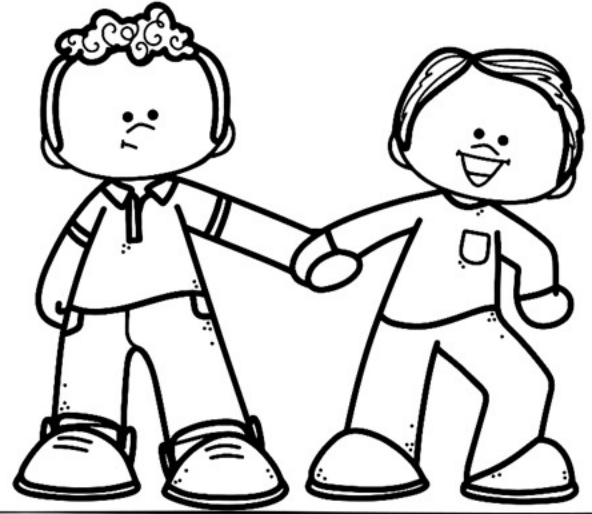
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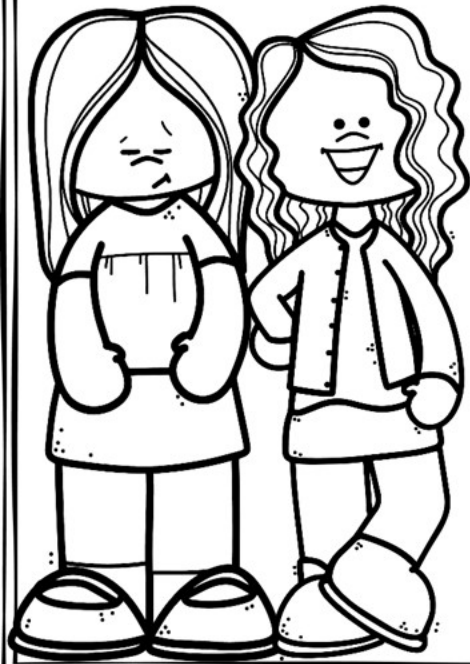
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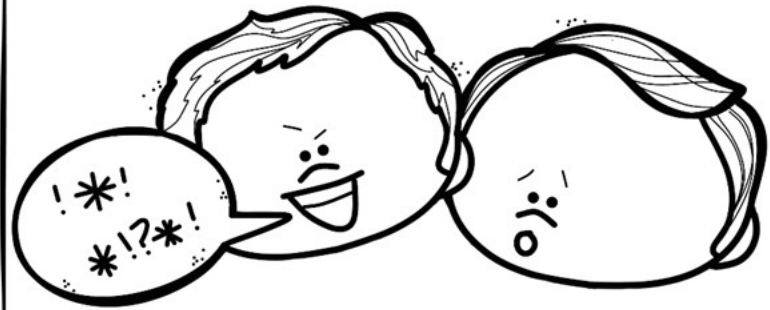
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**Laura
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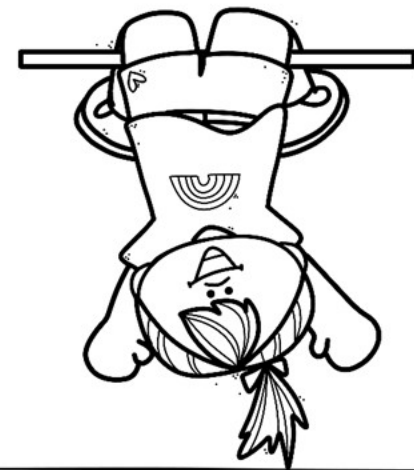
**Kenny and Greg used
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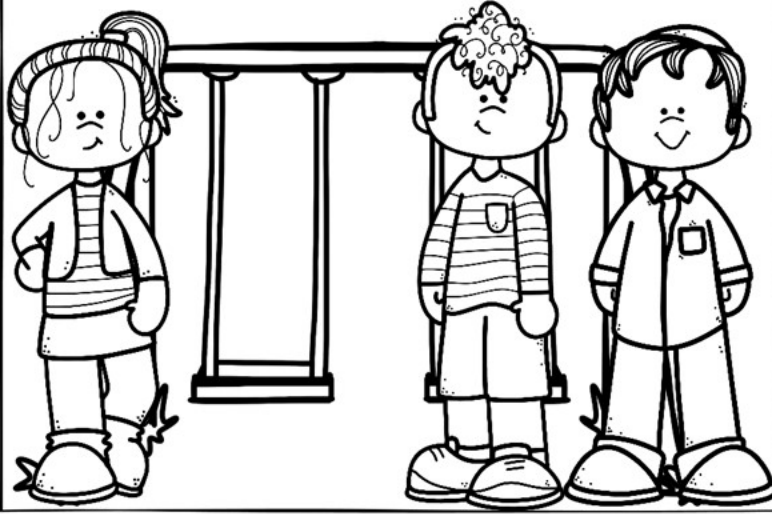
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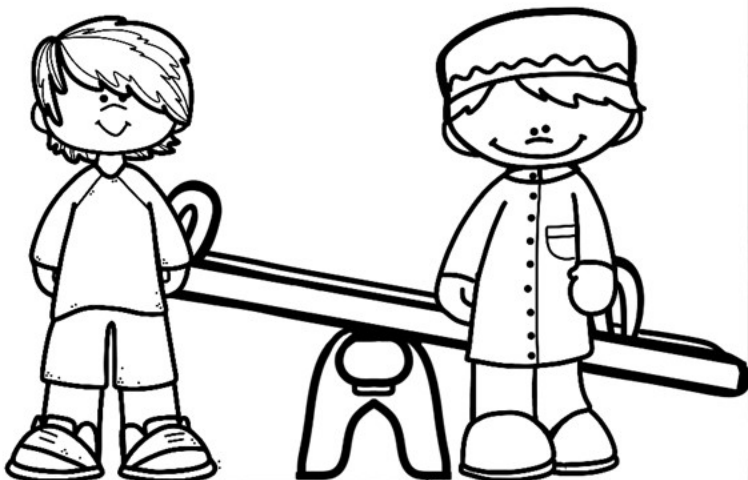
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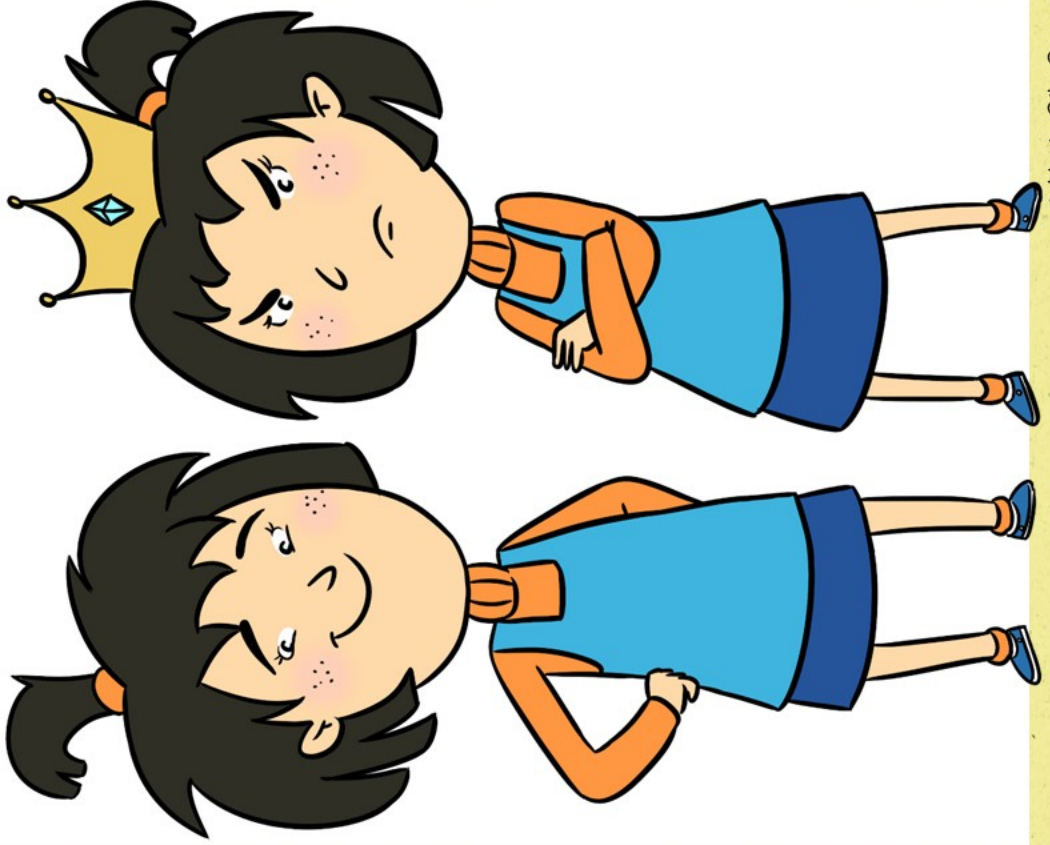
Jamie asked the new student to play basketball with him.



FOLDER SORTING GAME

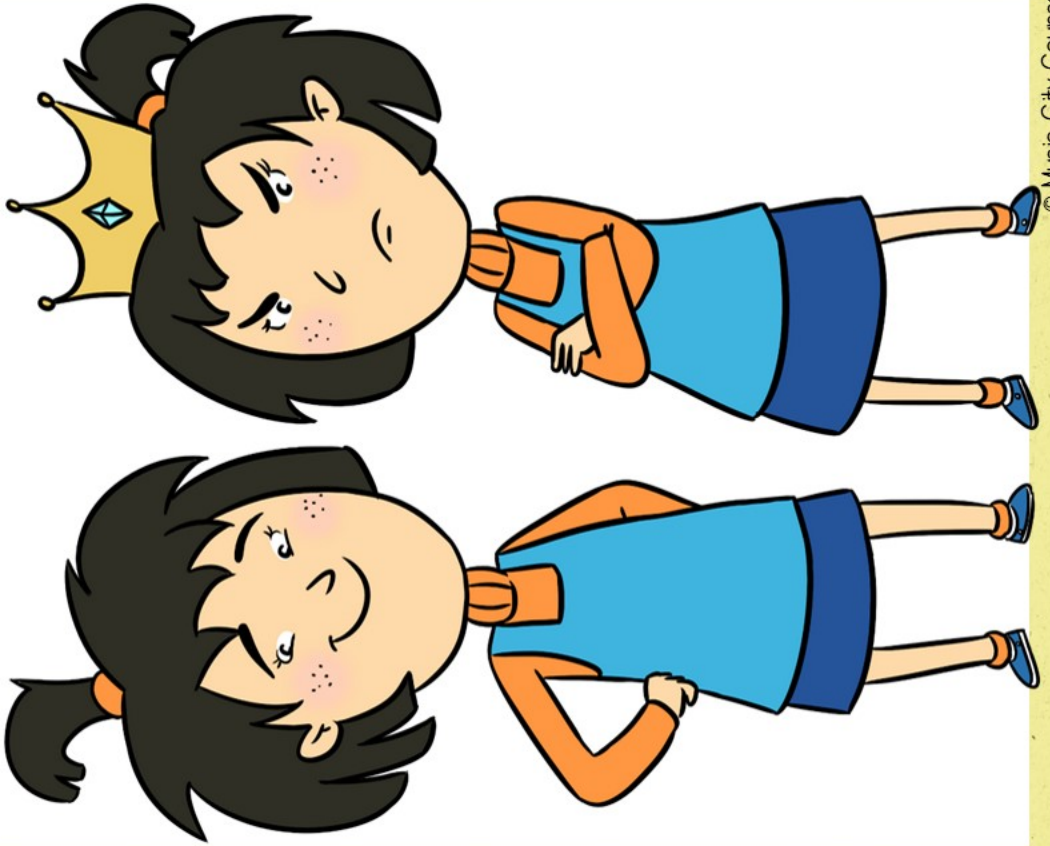
Folder Sorting Game Cover

RECESS QUEEN OR
RECESS FRIEND?



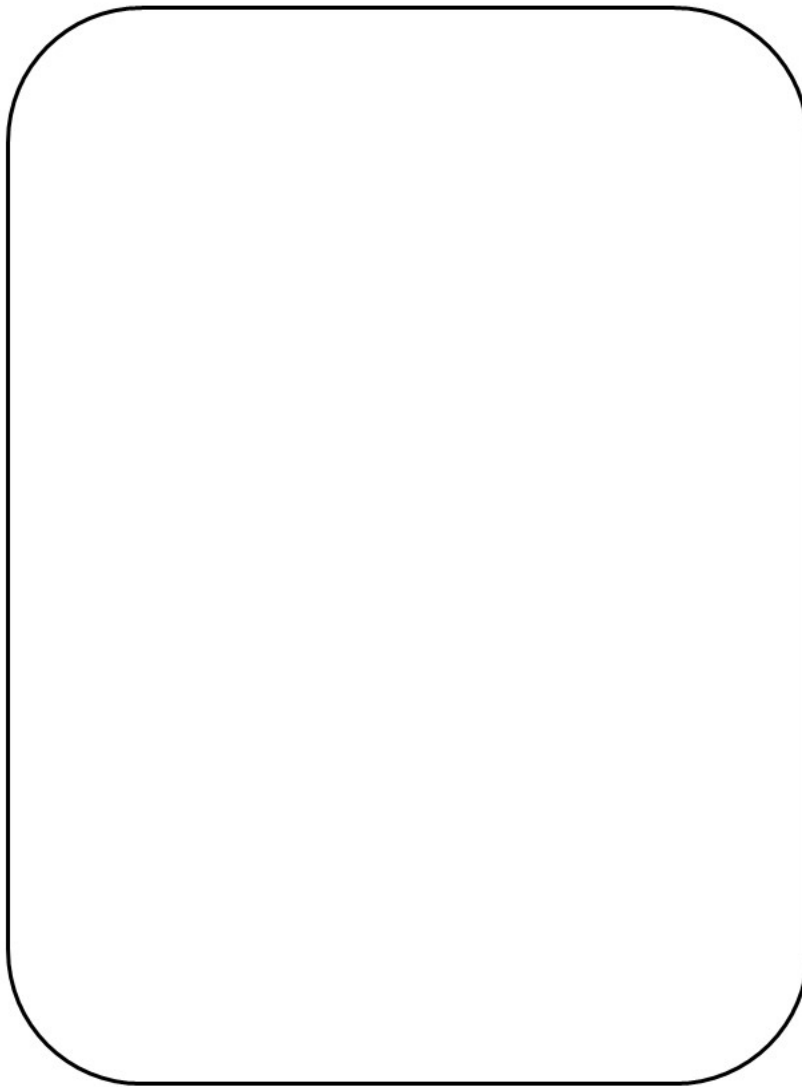
© Music City Counselor

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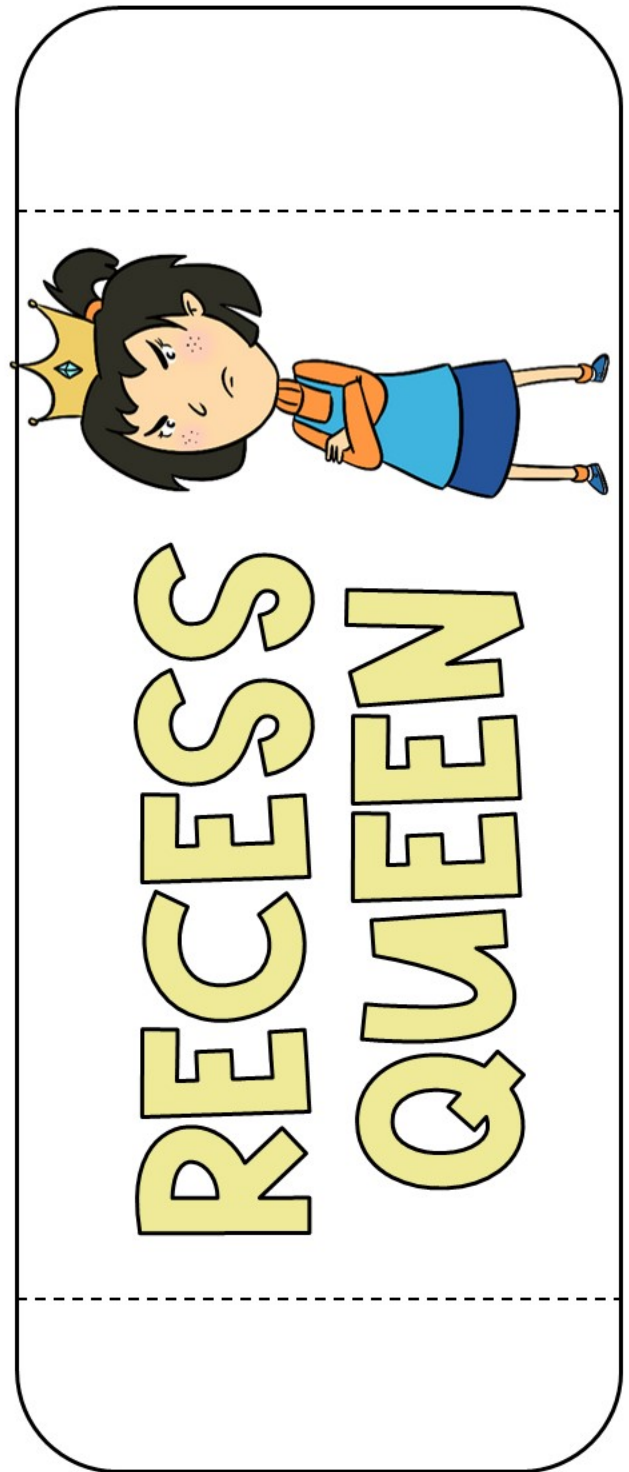


© Music City Counselor

Folder Sorting Game Inside Left Pocket

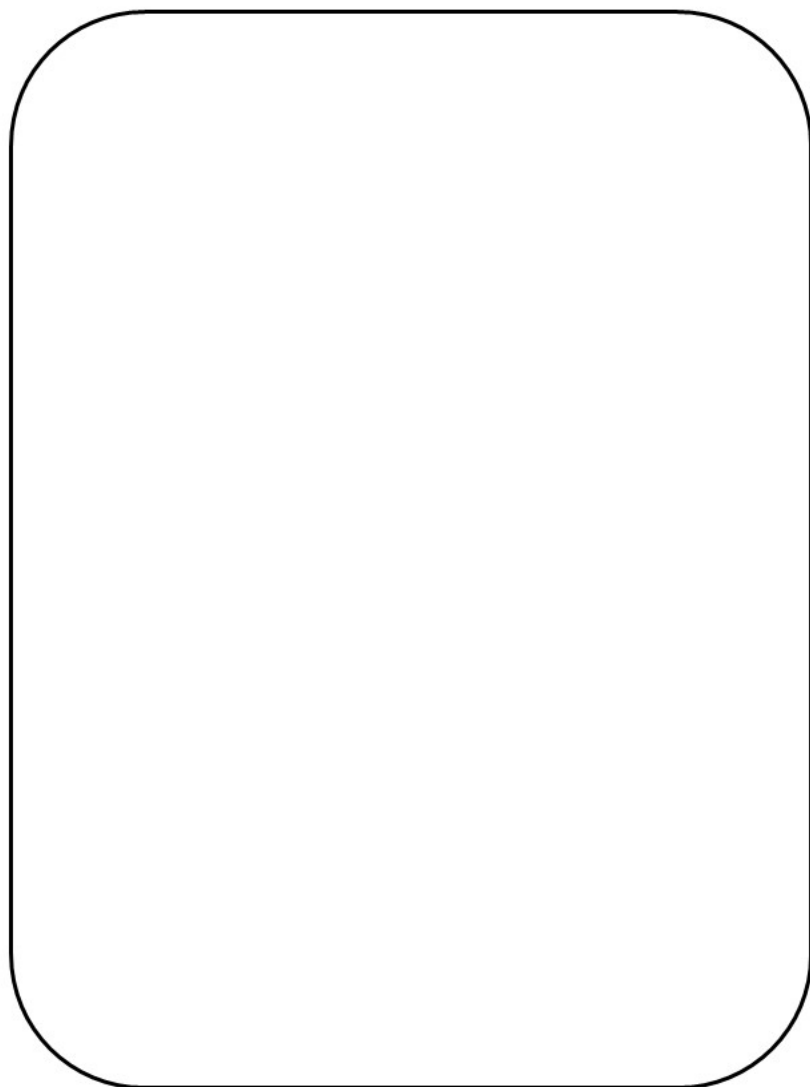


Cut out then glue this base piece on the bottom left side of the folded piece of construction paper.



Cut out this piece. Then, fold the tabs backwards along the dotted line. Next, glue the tabs to the base piece to create a folder pocket.

Folder Sorting Game Inside Right Pocket



Cut out then glue this base piece on the bottom right side of the folded piece of construction paper.

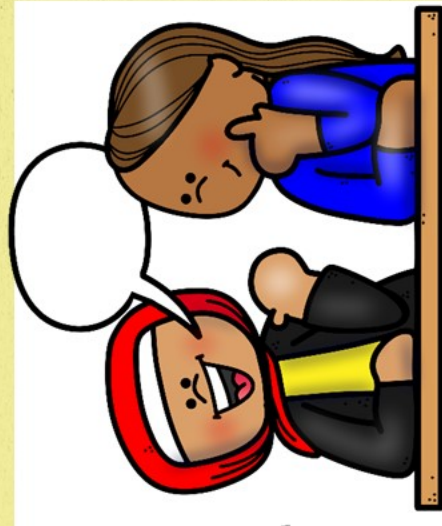


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**Ja'Kya
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**Carla
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**Mohammed
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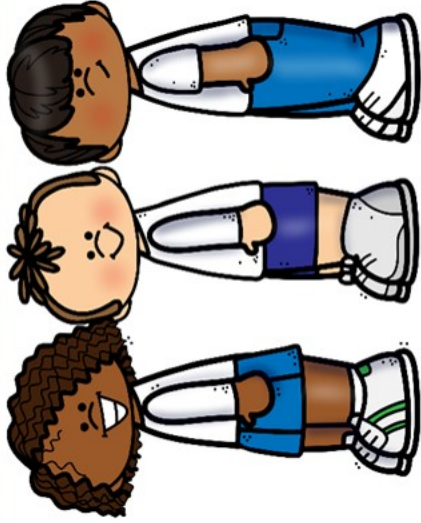
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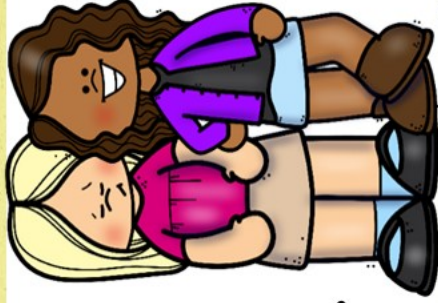


**When it was
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up quietly.**



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**Steph looked
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so Tameka
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© Music City Counselor

**Cory was
playing alone,
so Carmen
asked him to
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sandbox.**



© Music City Counselor

**Luis always
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© Music City Counselor

**Joshua said
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© Music City Counselor

**Holly and Kate
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**Laura reported
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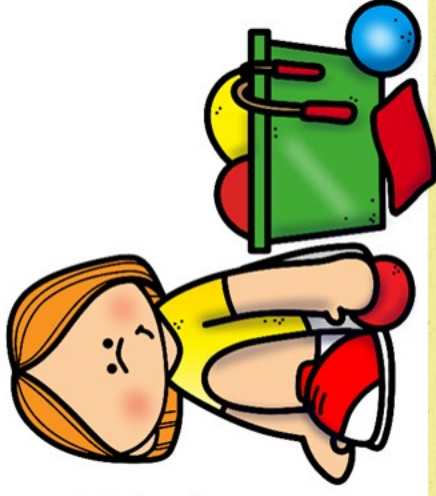
© Music City Counselor

**Kenny and
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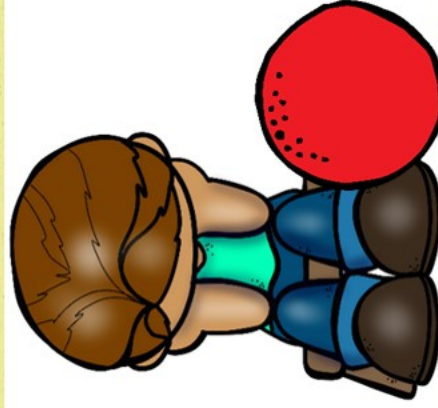
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**Helen helped
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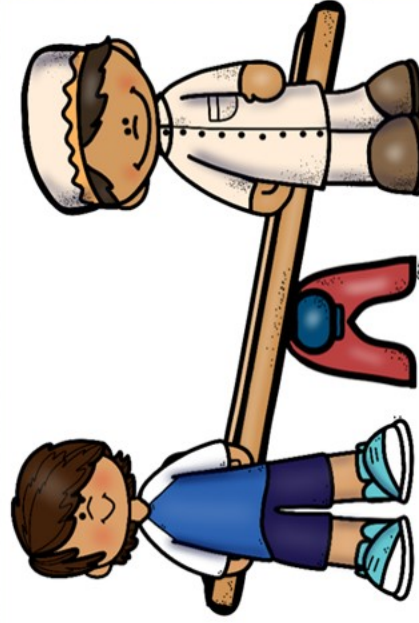


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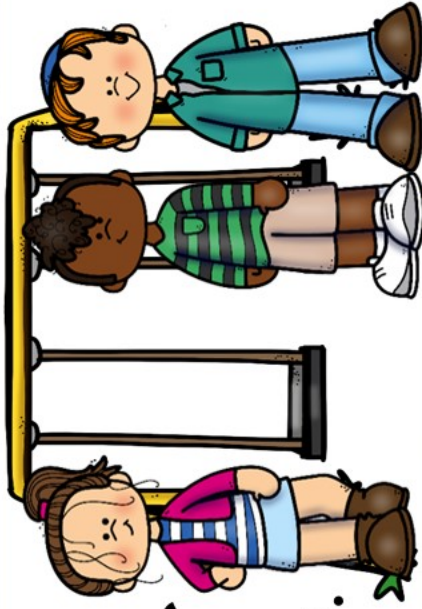


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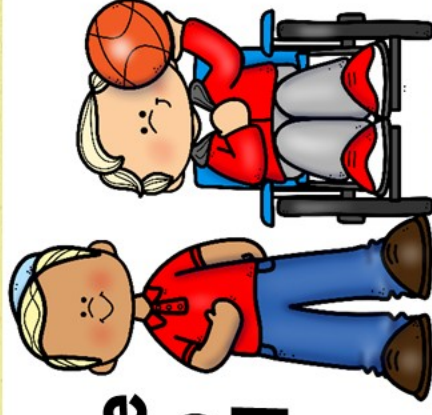
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© Music City Counselor

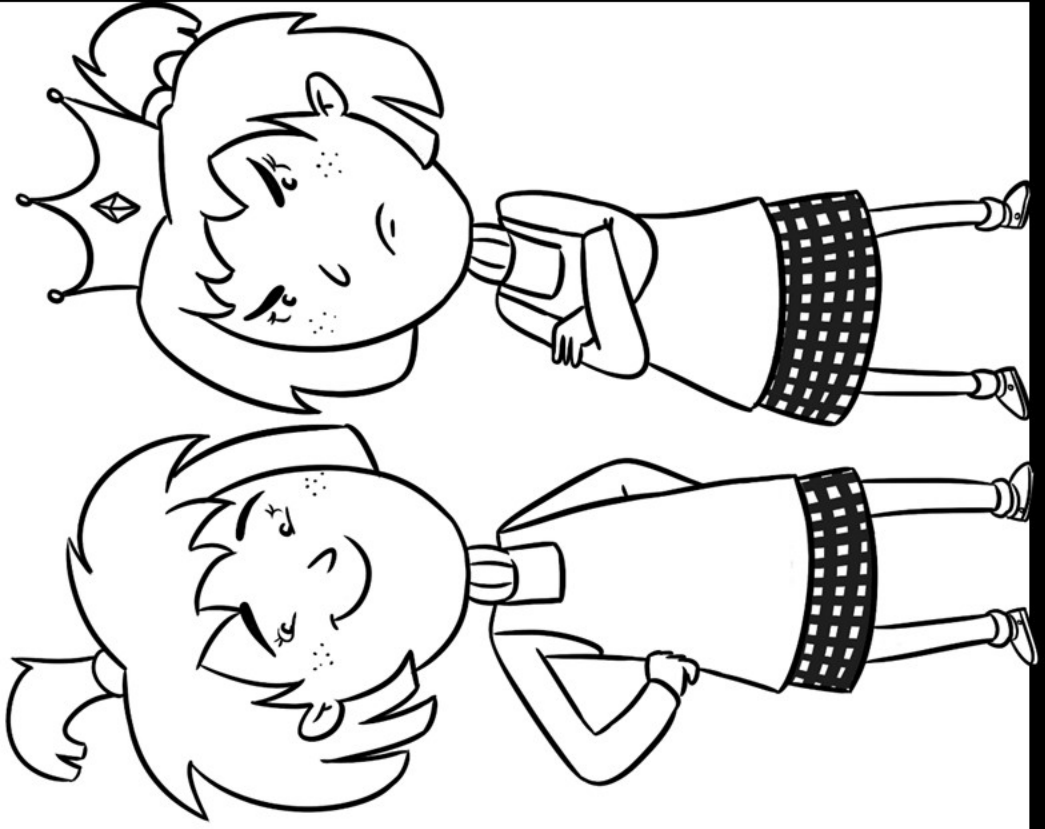
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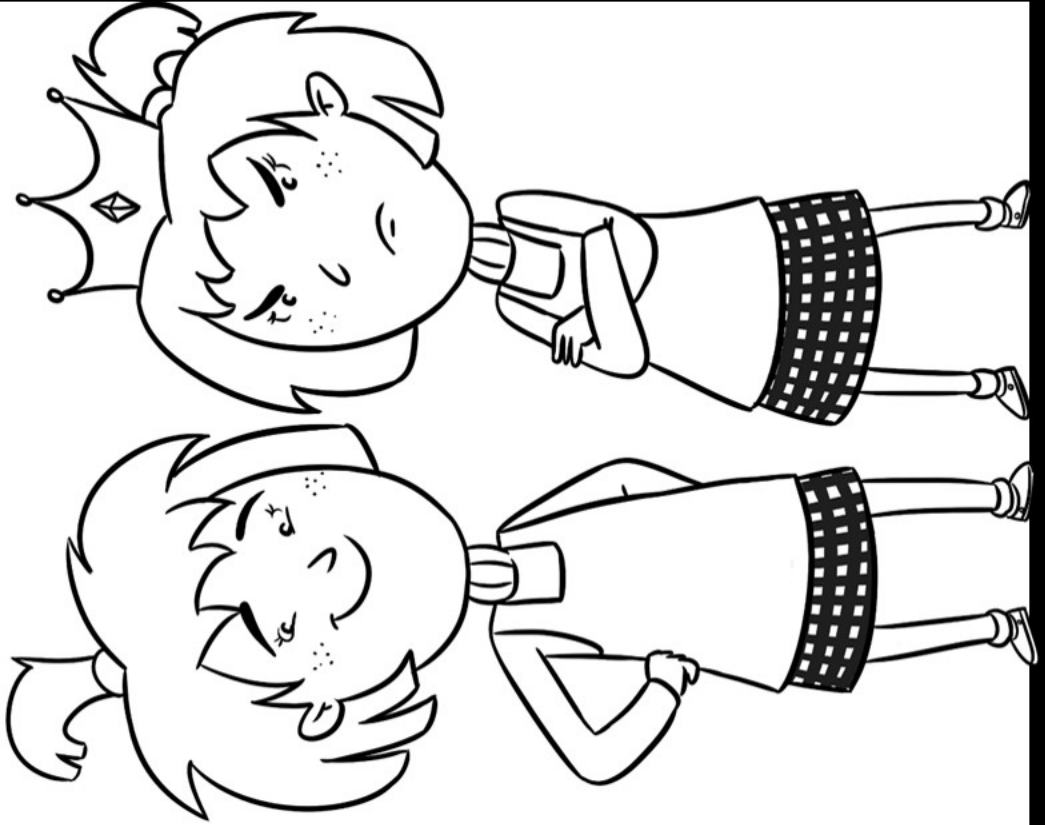
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Folder Sorting Game Cover

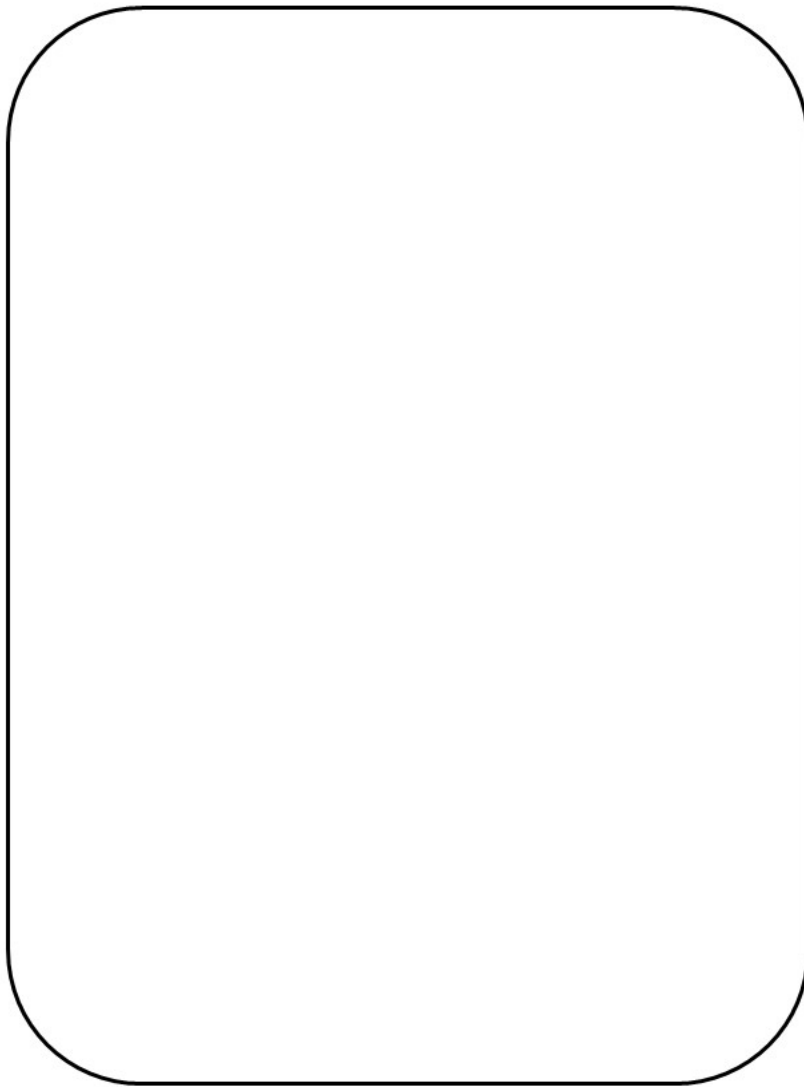
**RECESS QUEEN OR
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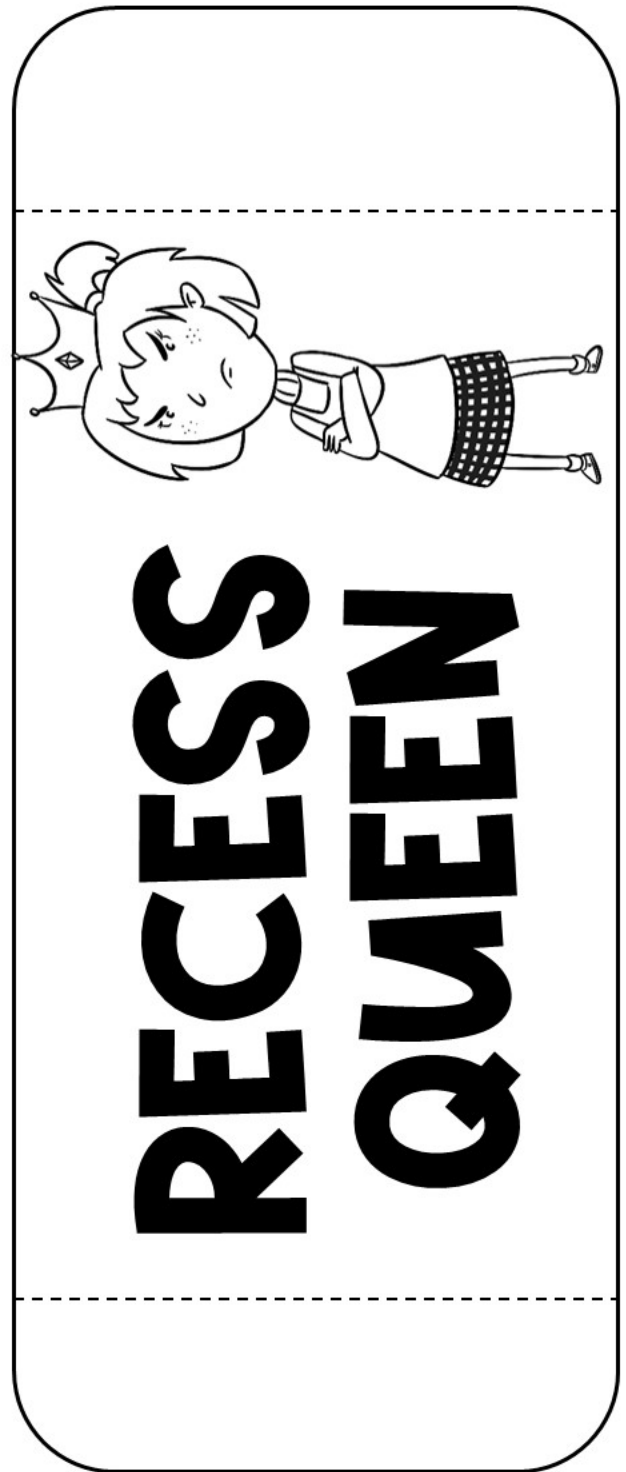
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Folder Sorting Game Inside Left Pocket

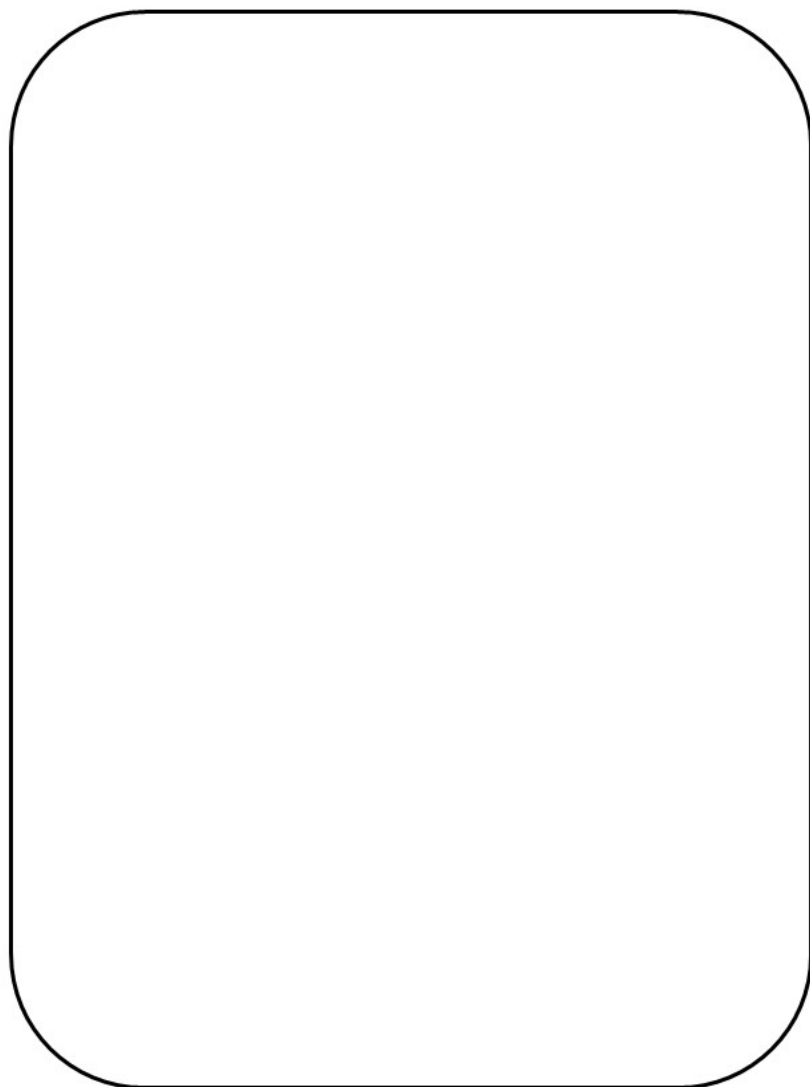


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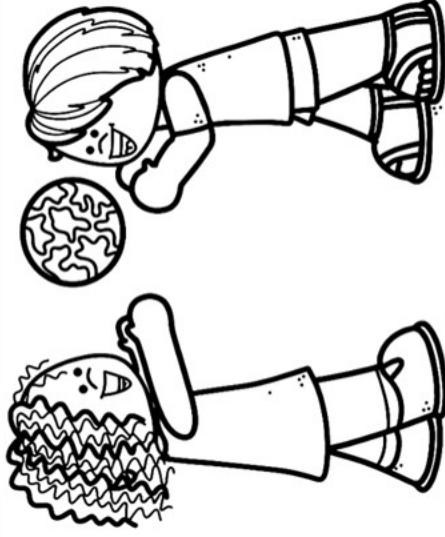


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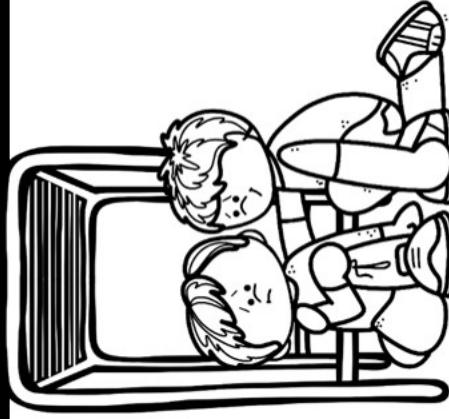
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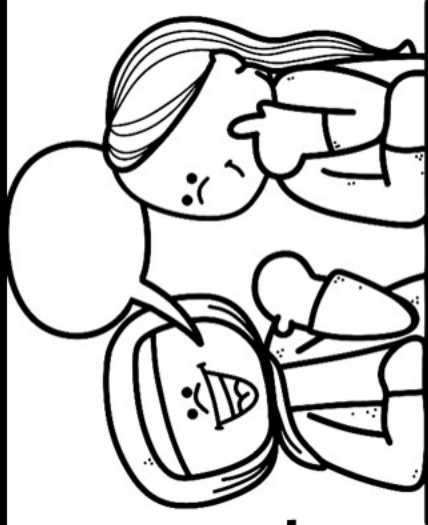
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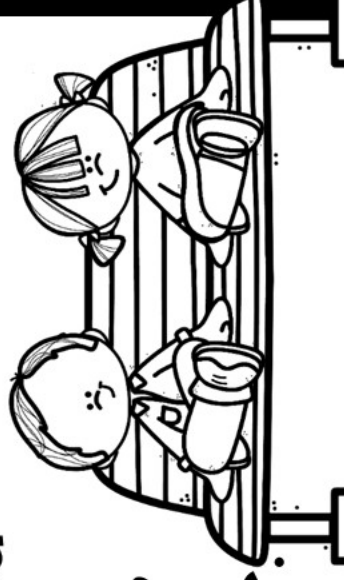
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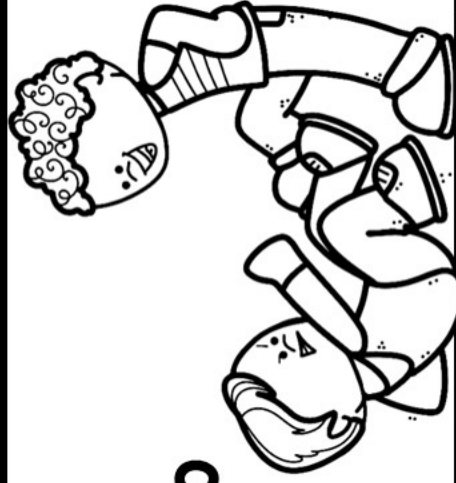
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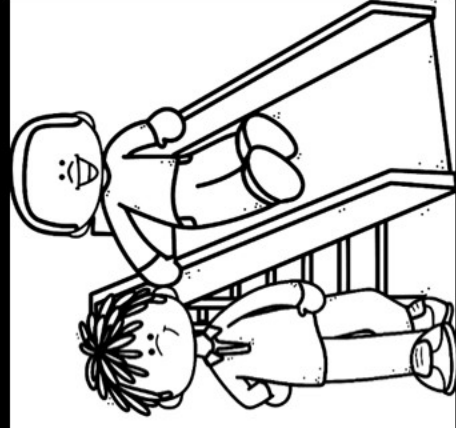
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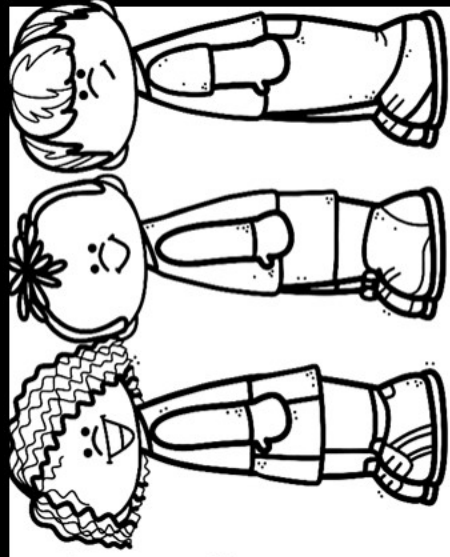
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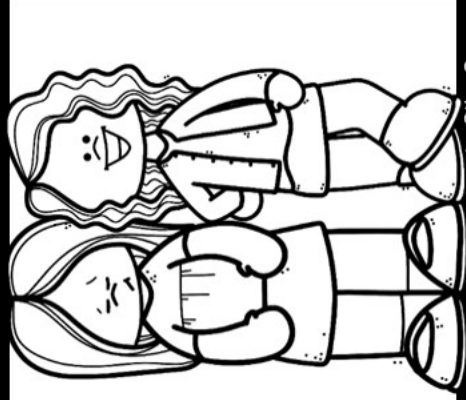
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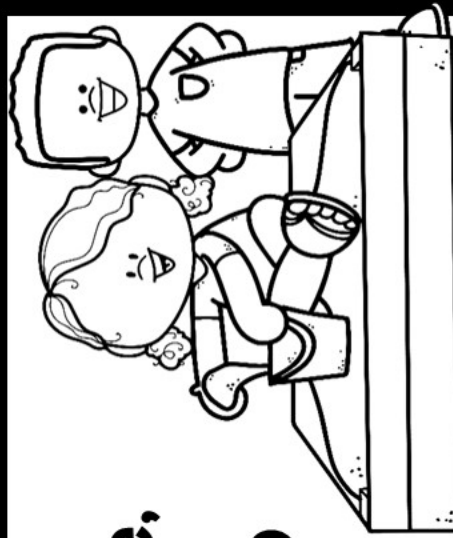
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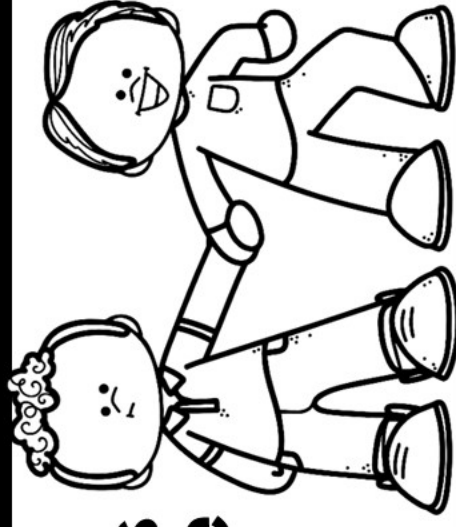
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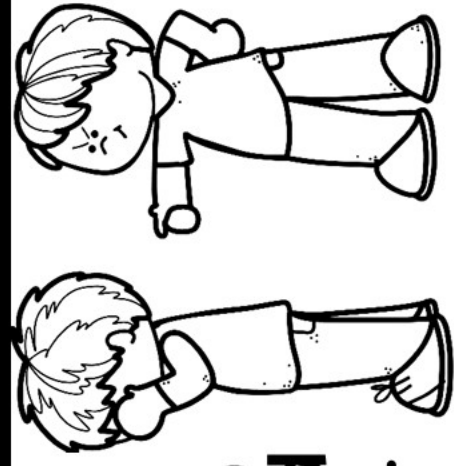
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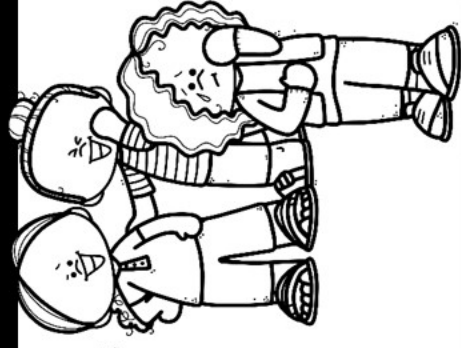
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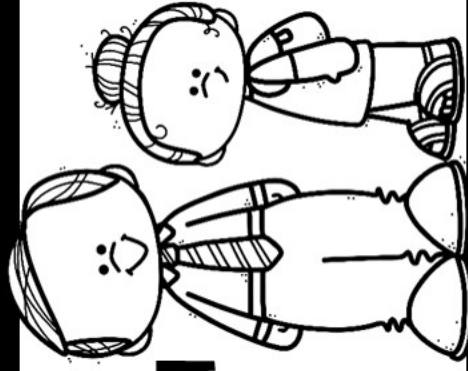
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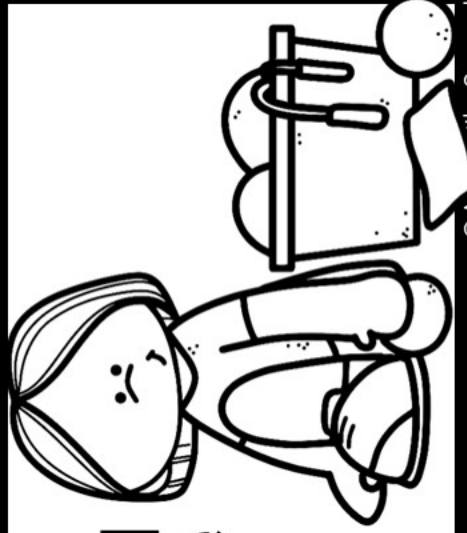
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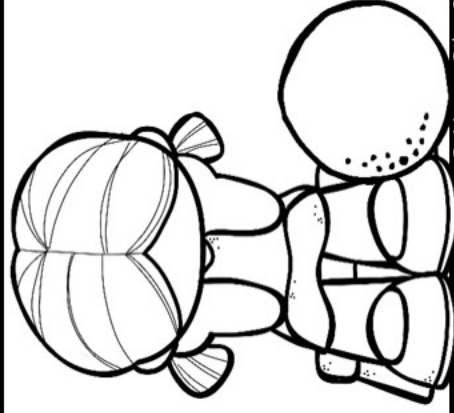
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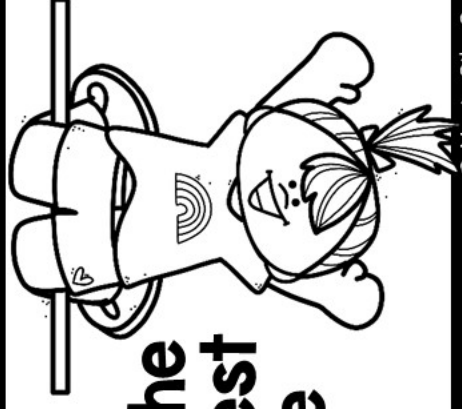
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tricks in the
class!**



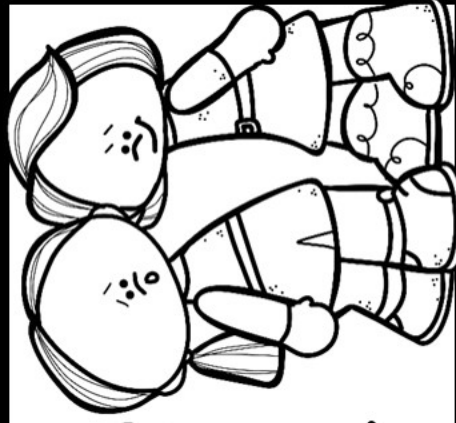
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**Eric wouldn't listen
to the rules and
kept cheating at
soccer.**



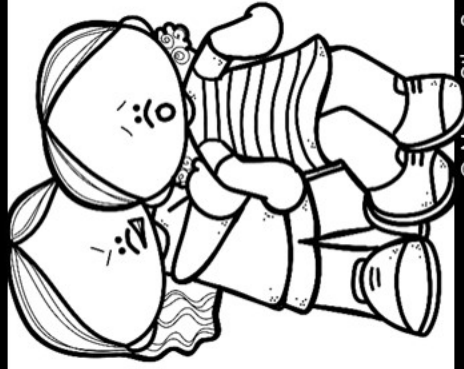
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**Jenny said that
she's the boss
and always
gets to go first.**



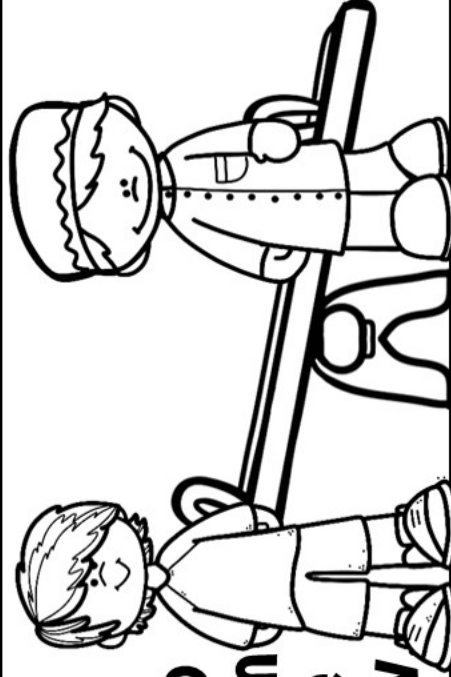
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**Hailey pushed
Kendra when
she didn't play
by the rules.**



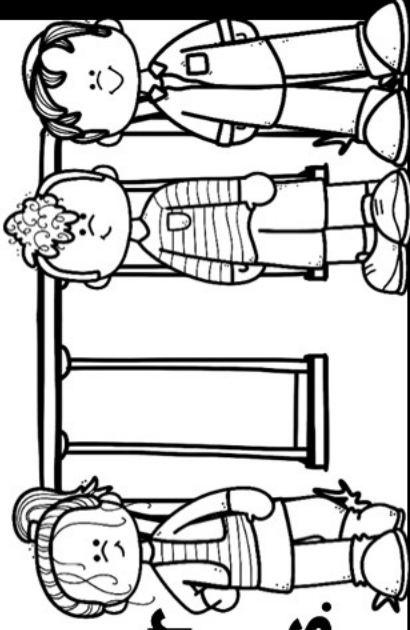
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**Finn
asked
Zied to
join him
on the
seesaw**



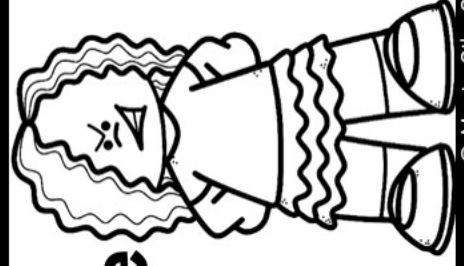
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**Sherrie
waited her
turn for
the swings.**



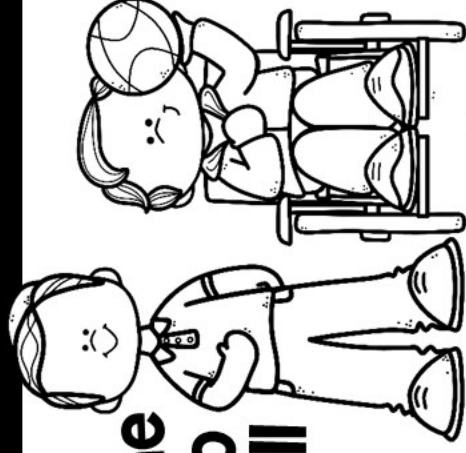
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**Cassie said, "I give
up!" and stomped
away when she
lost the game.**



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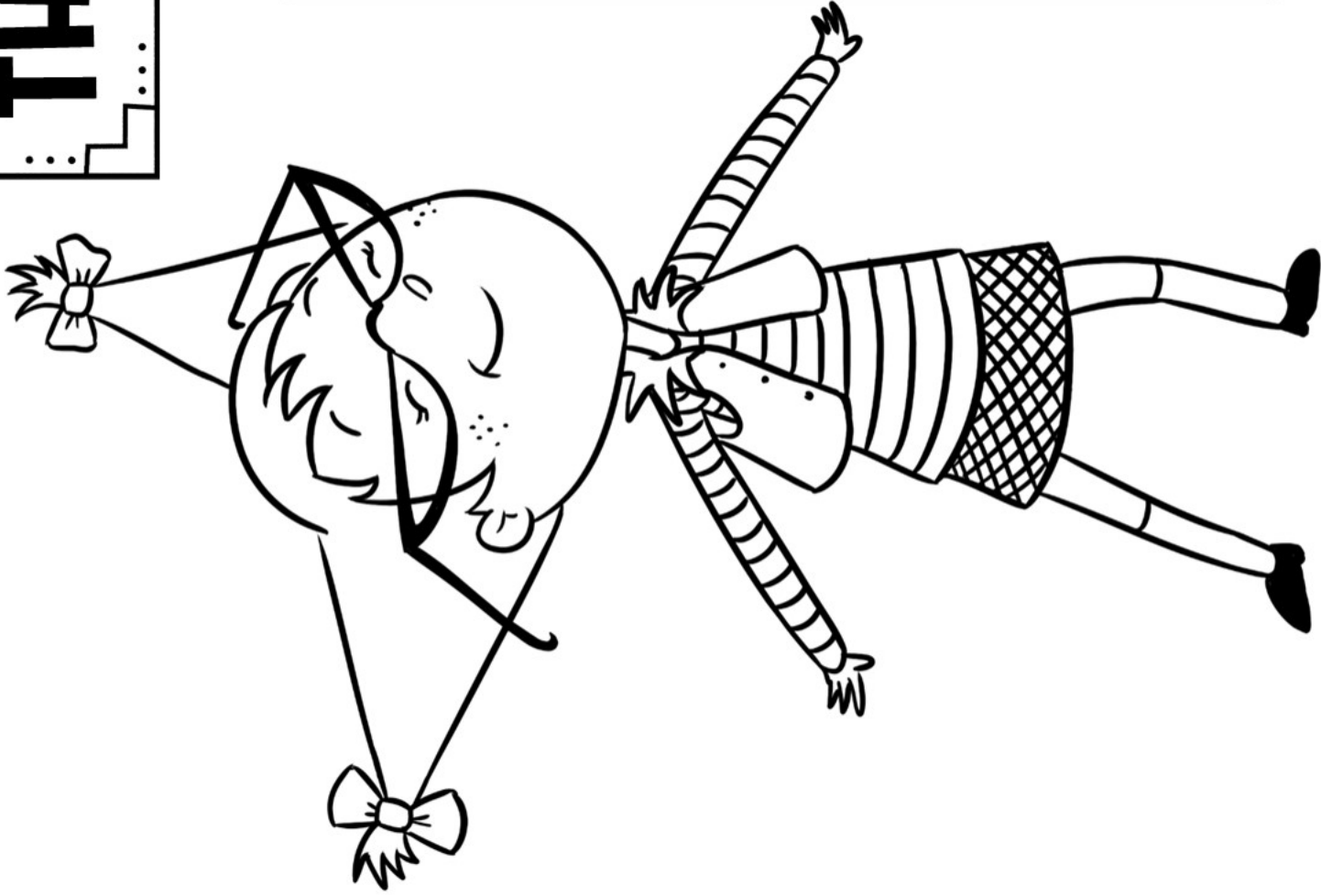
**Jamie asked the
new student to
play basketball
with him.**



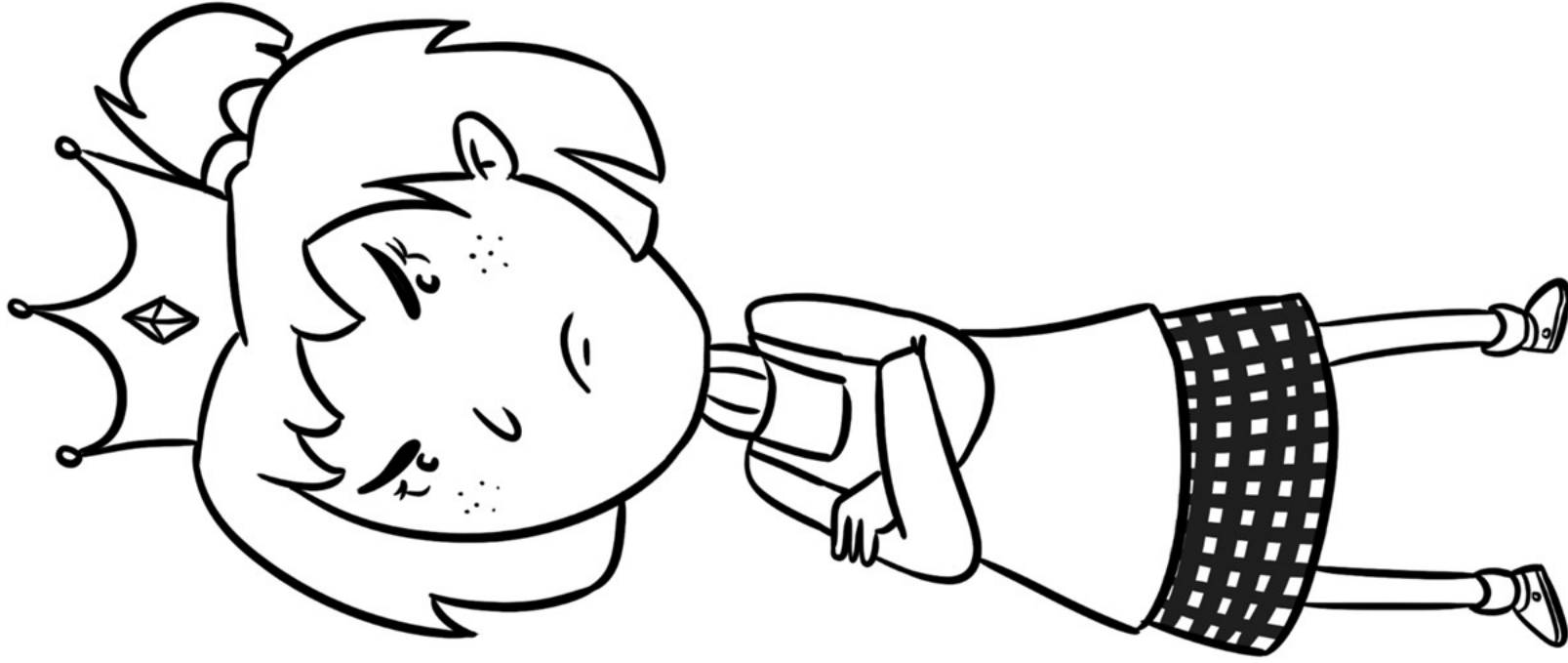
© Music City Counselor

CRAFT

THE RECESS QUEEN



I am a **RECESS FRIEND!**
I was a Recess Friend when I...



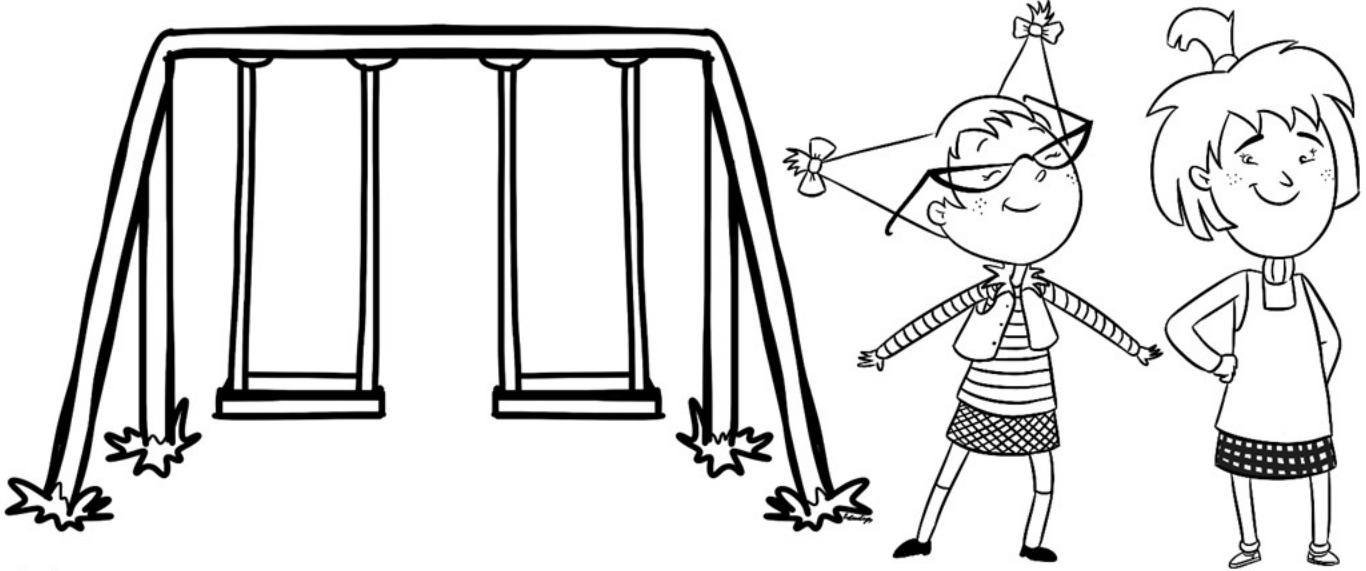
... THE RECESS QUEEN ...

I am NOT a **RECESS QUEEN!**

I am NOT a Recess Queen
because...

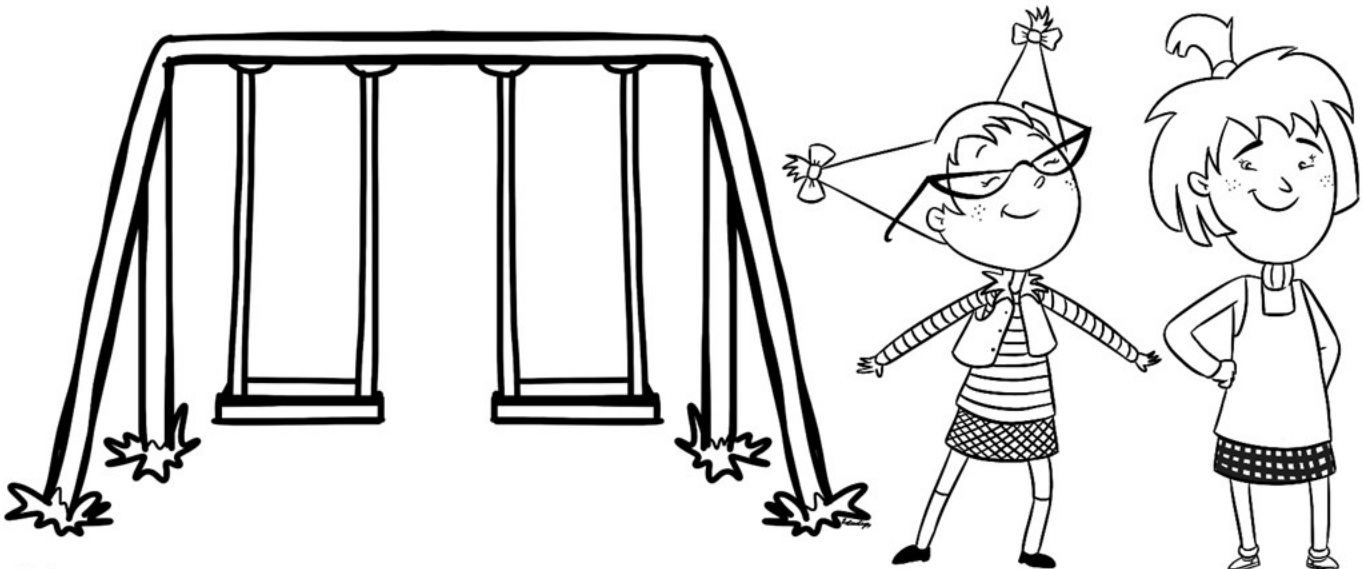
MINI COLORING BOOK

I can be a
RECESS FRIEND!



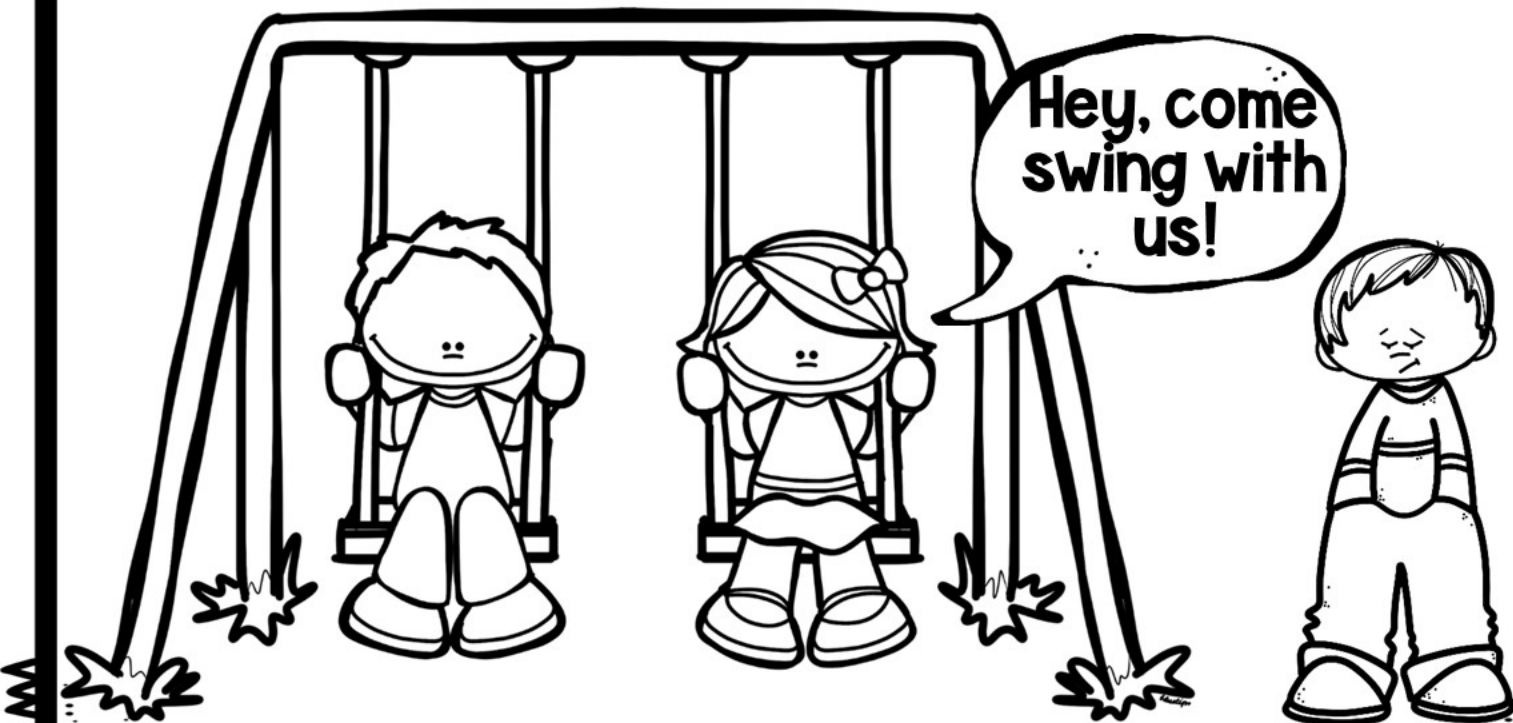
Name _____

I can be a
RECESS FRIEND!

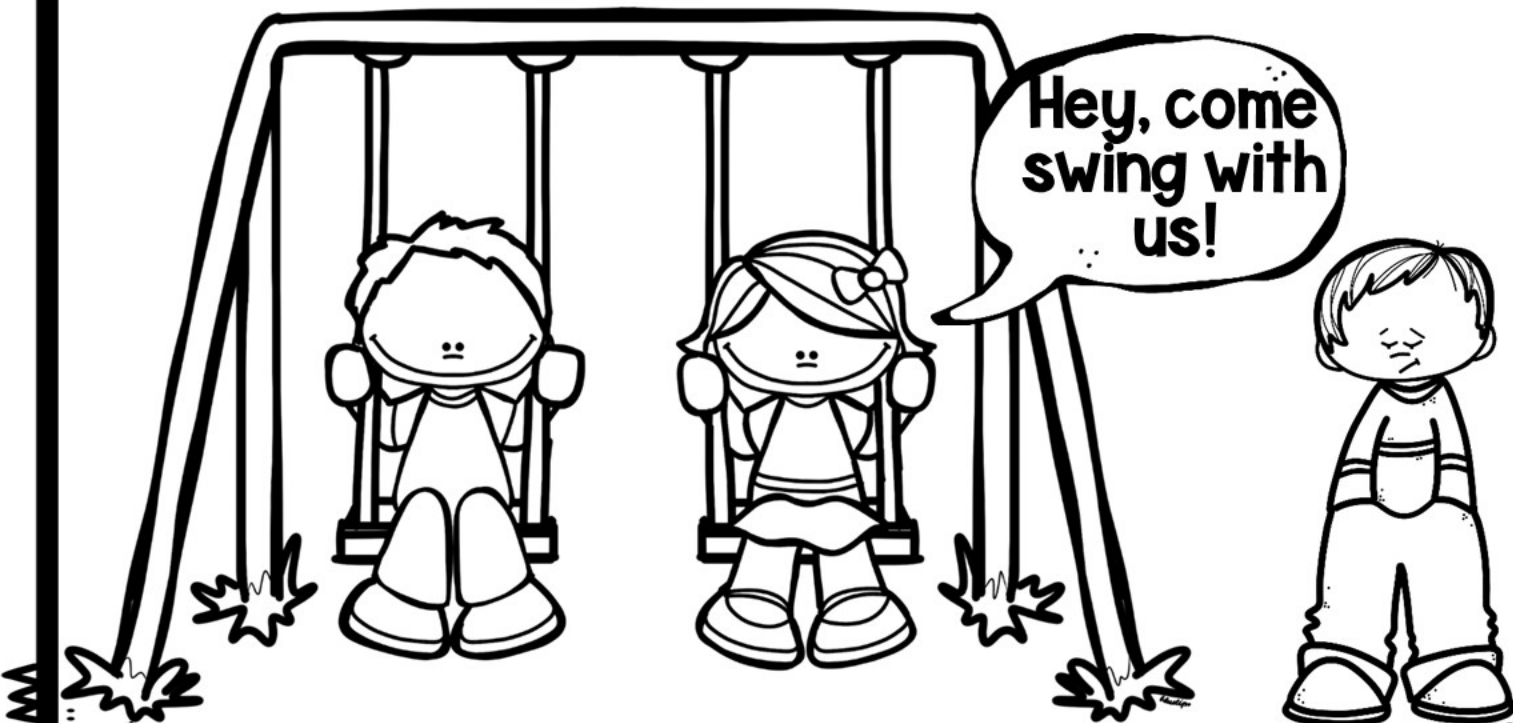


Name _____

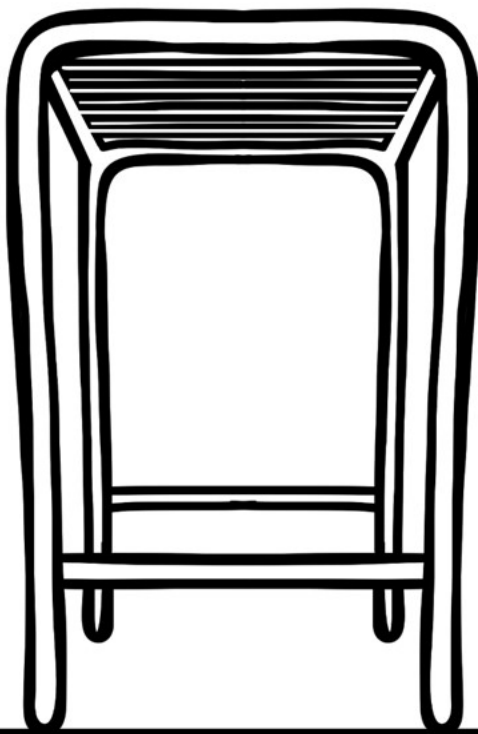
RECESS FRIENDS ask others to play and make sure everyone feels included.



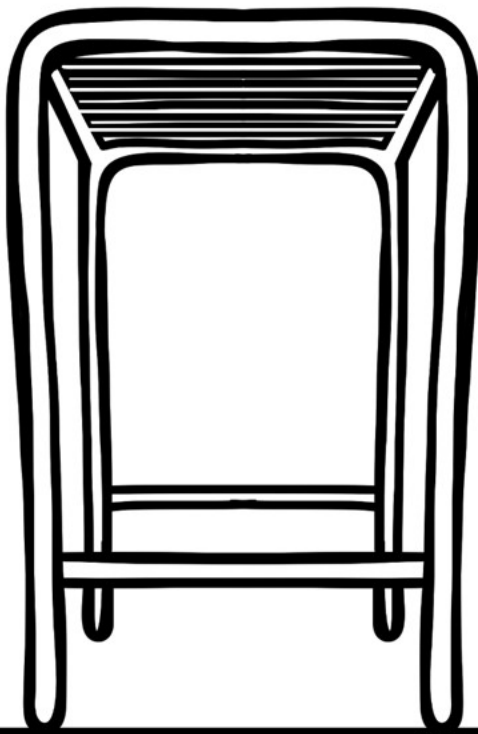
RECESS FRIENDS ask others to play and make sure everyone feels included.



RECESS FRIENDS help others if
they're sad or hurt.

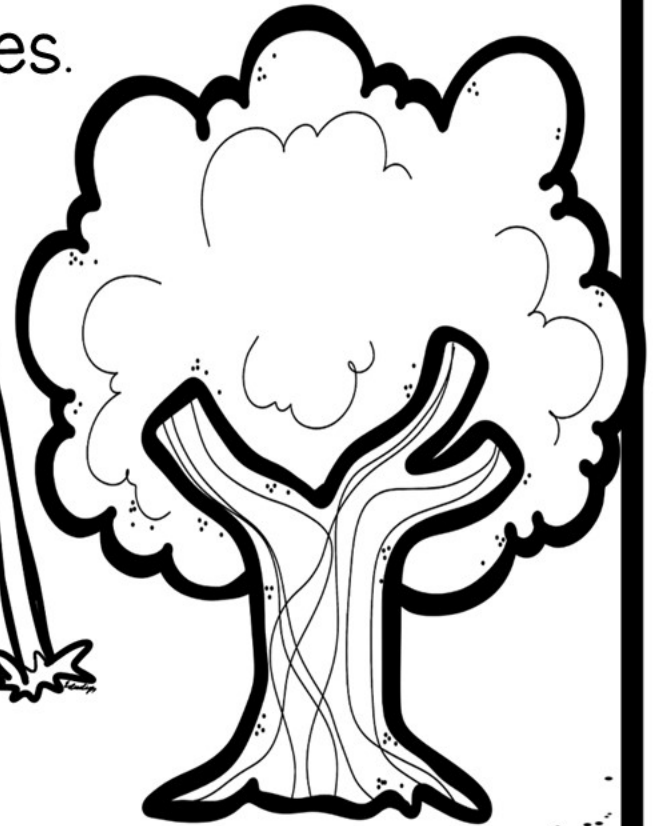
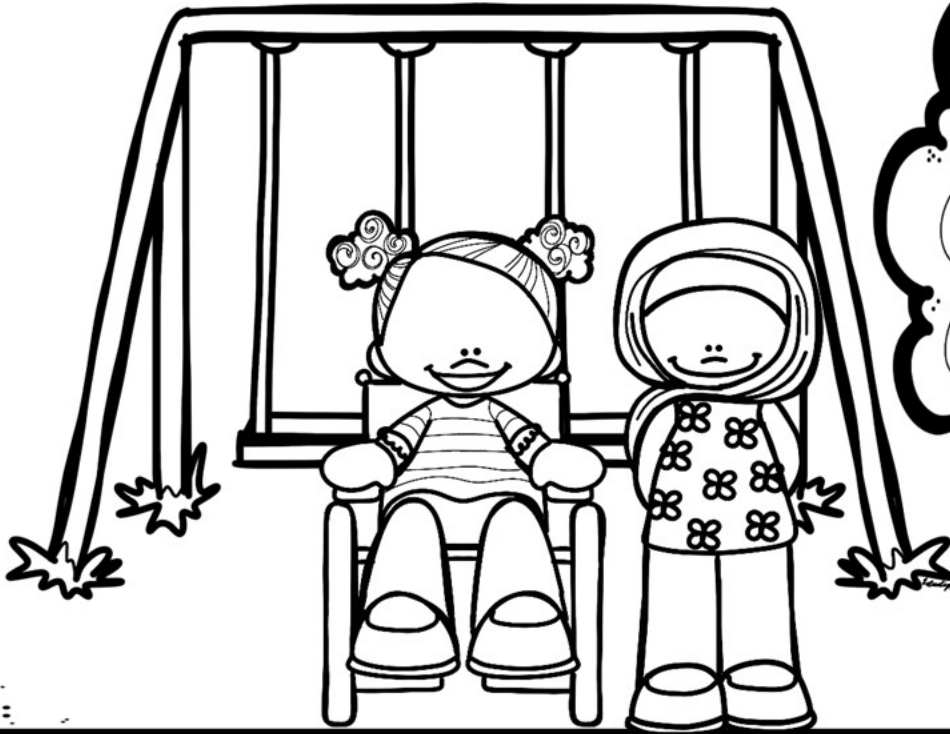


RECESS FRIENDS help others if
they're sad or hurt.



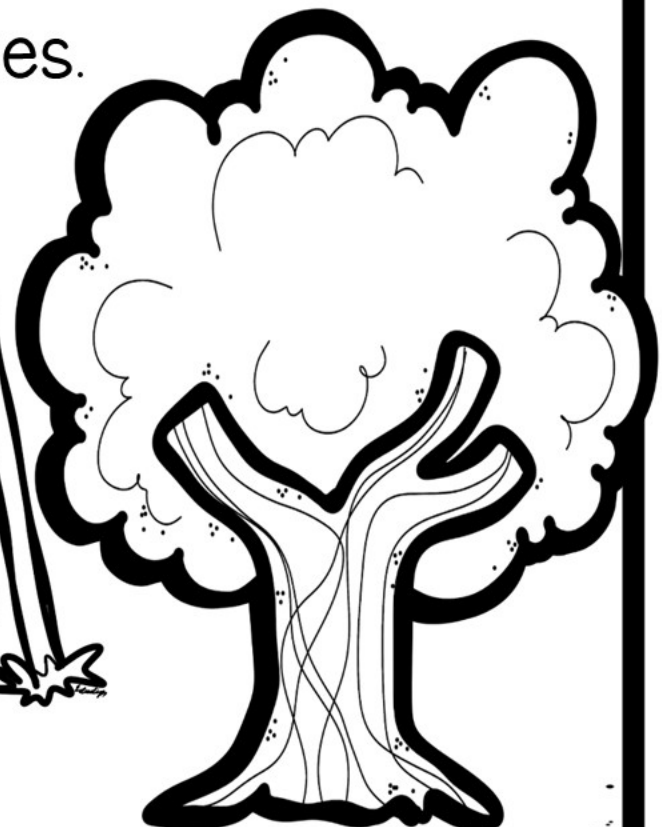
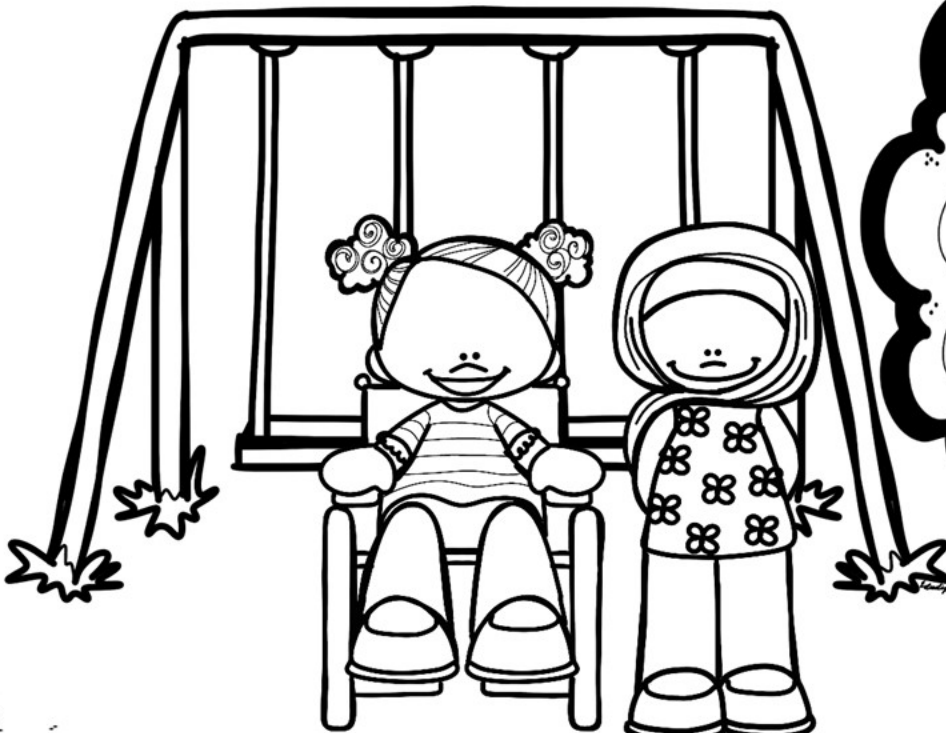
RECESS FRIENDS

respect others' differences.



RECESS FRIENDS

respect others' differences.



RECESS FRIENDS use kind words,
encouragement, and compliments.



Go Joey!
You can
do it!

RECESS FRIENDS use kind words,
encouragement, and compliments.



Go Joey!
You can
do it!

RECESS FRIENDS play by the rules.

It's your
turn! Hop
like this!



RECESS FRIENDS play by the rules.

It's your
turn! Hop
like this!



I was a **RECESS FRIEND** when I...

I was a **RECESS FRIEND** when I...

I'm not a **RECESS QUEEN** because... © Music City Counselor

I'm not a **RECESS QUEEN** because... © Music City Counselor

WORKSHEETS

Name: _____

I can be a
RECESS FRIEND!

I was a recess friend when I

Name: _____

Color the pictures that show students being
RECESS FRIENDS!



Tucker
picked a
flower for
his
teacher.

..



Jenny said
she's the
boss and
always
gets to be
first.

..

Sally hit
Nathan
when he
said that
no girls
were
allowed to
play.



Hailey
said that
everyone
was
welcome
to join
her club.

..

Erica and Jack took
turns on the slide.



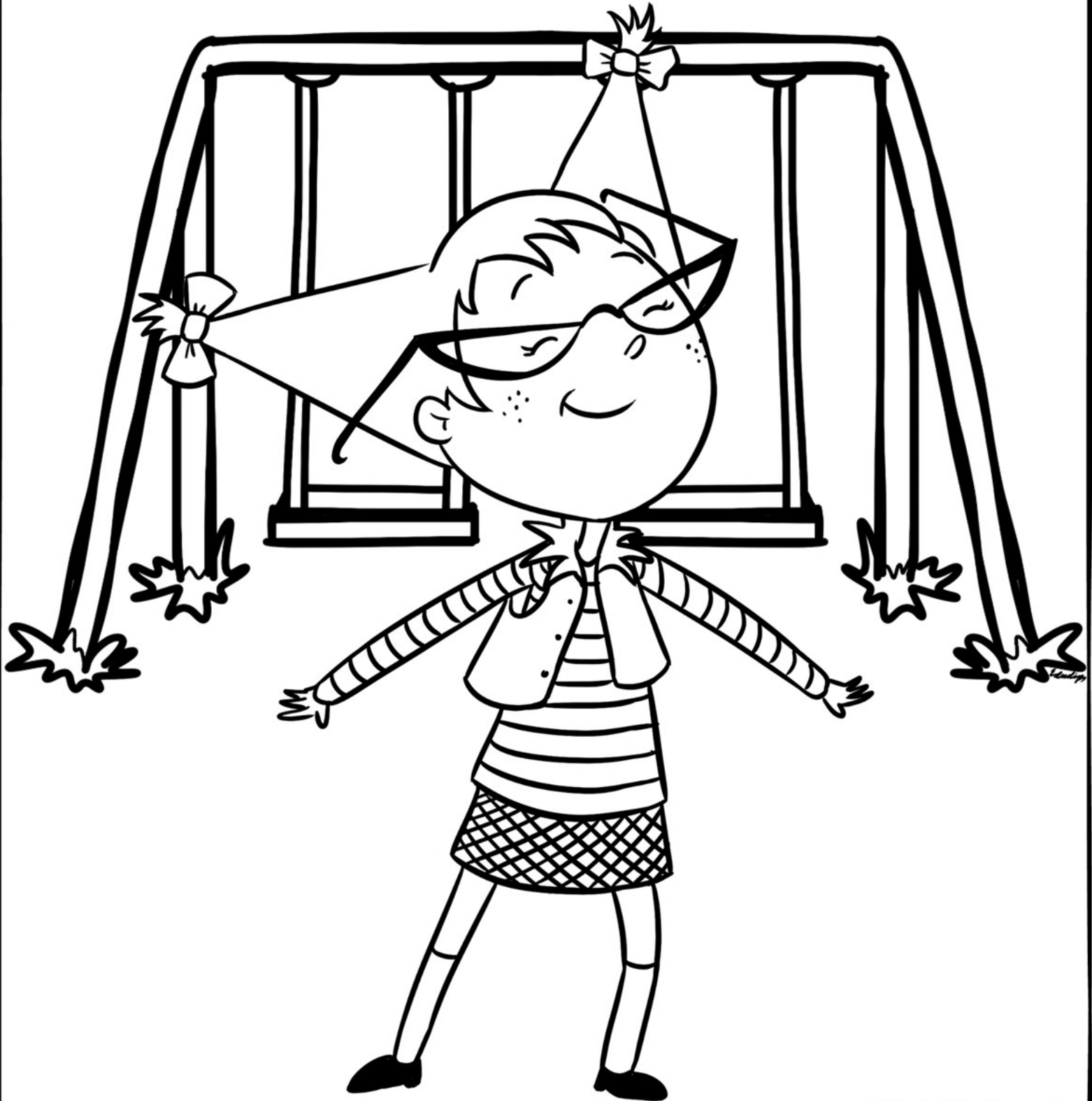
Becca noticed that
Sam was playing alone
and asked her to play.



COLORING PAGES

Name: _____

I can be a
RECESS FRIEND!



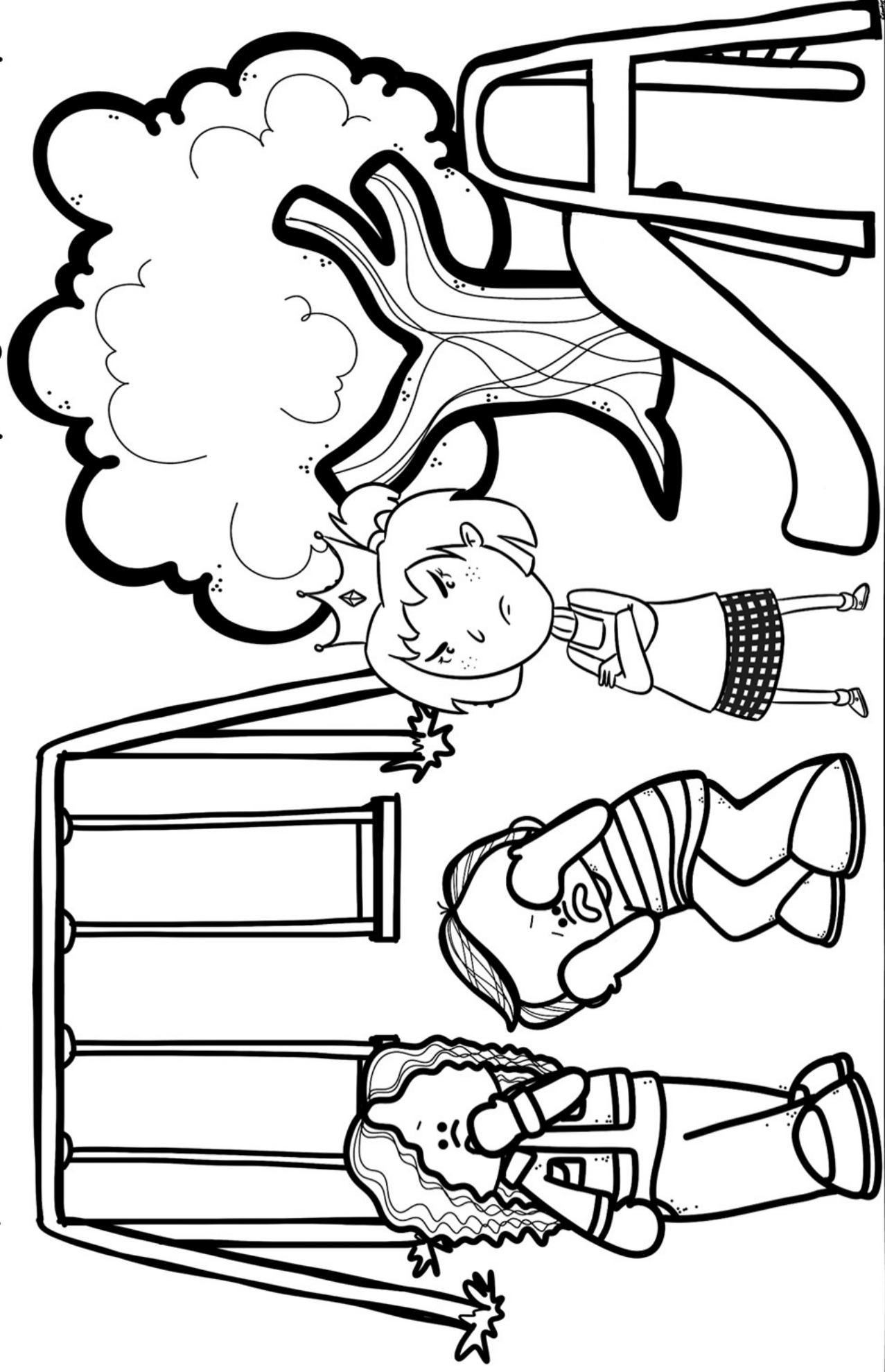
Name: _____

I am not a
RECESS QUEEN!



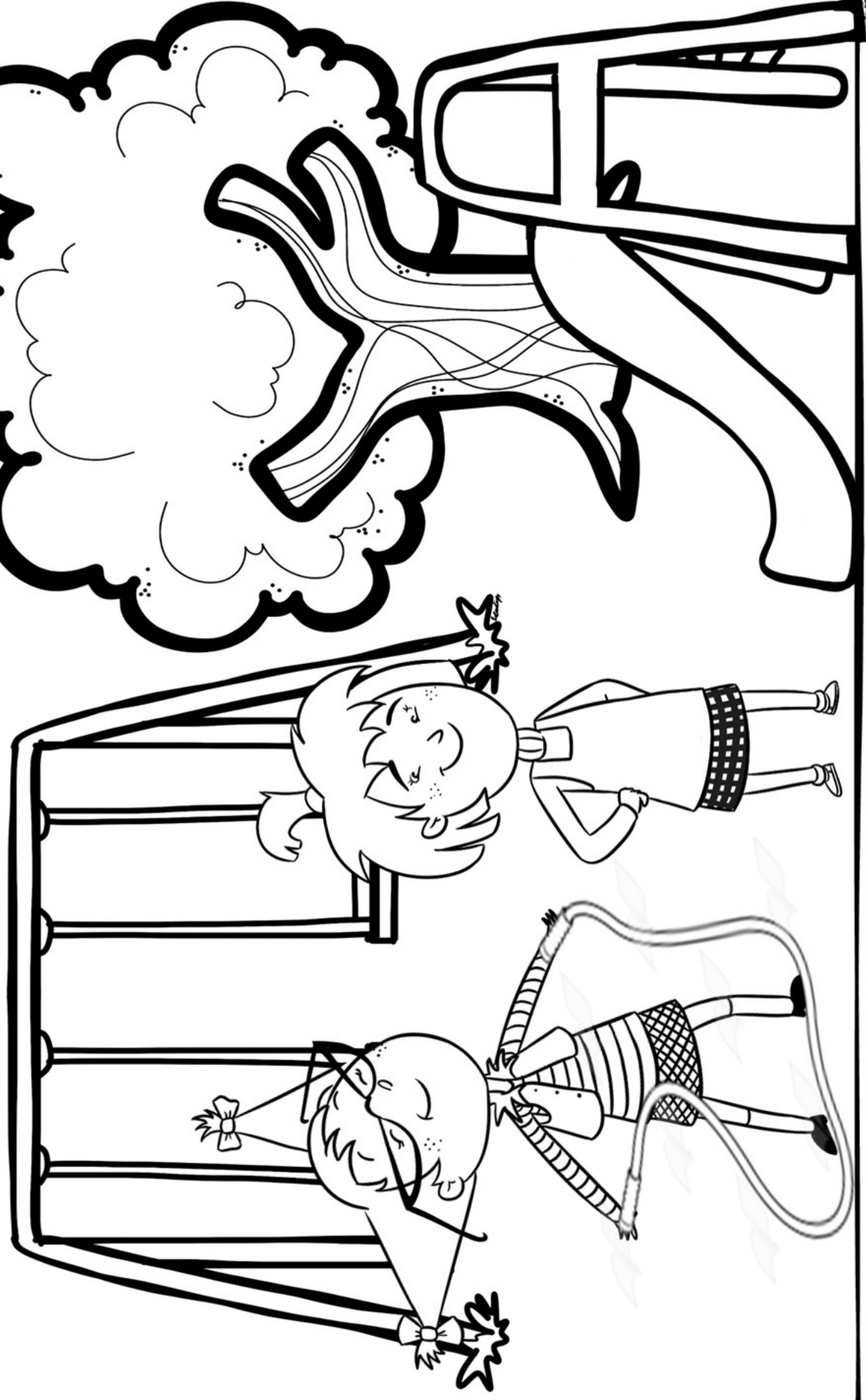
Mean Jean was Recess Queen.

She pushed, smooshed, and always got her way.

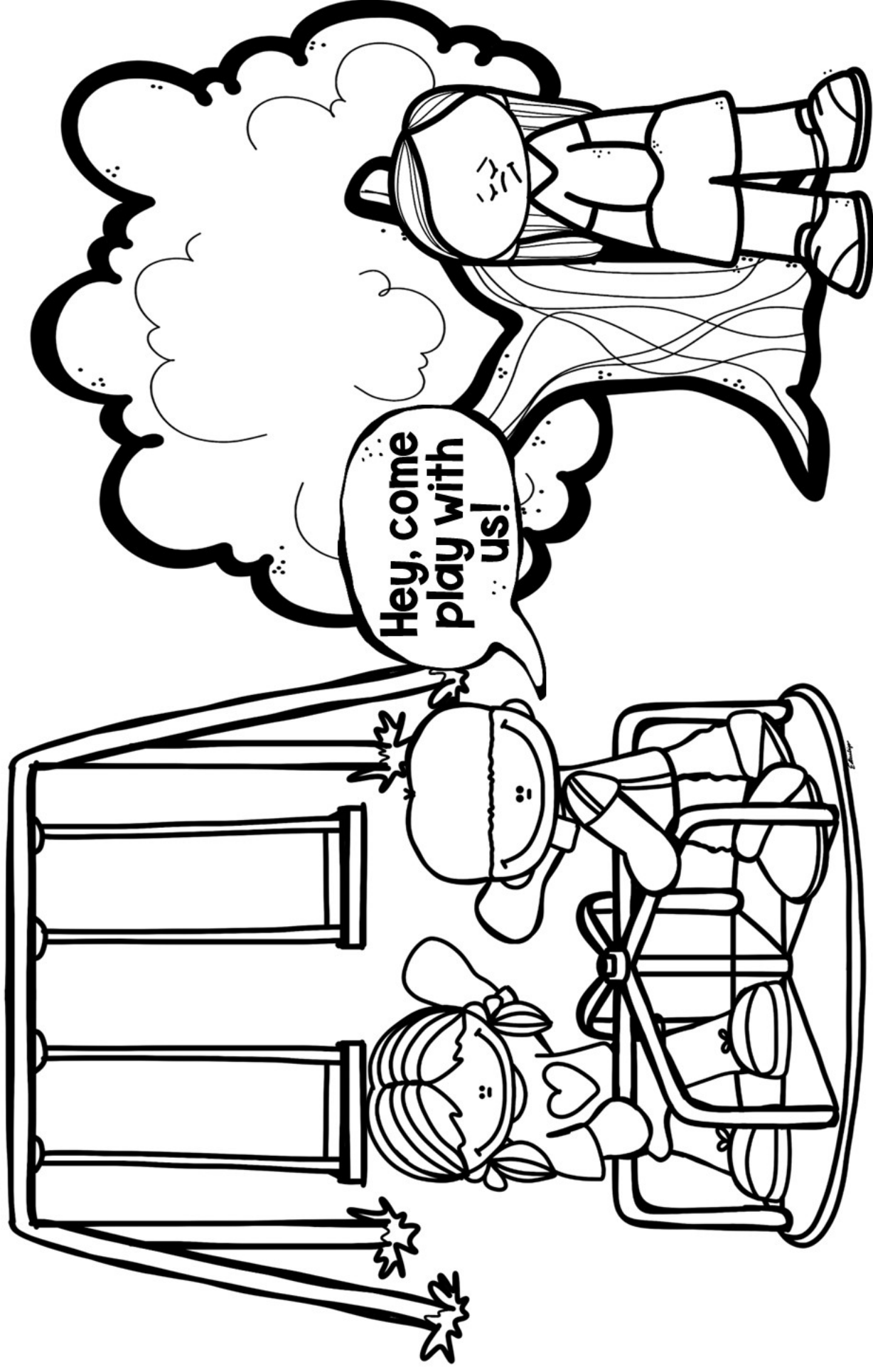


Katie Sue was a HERO!

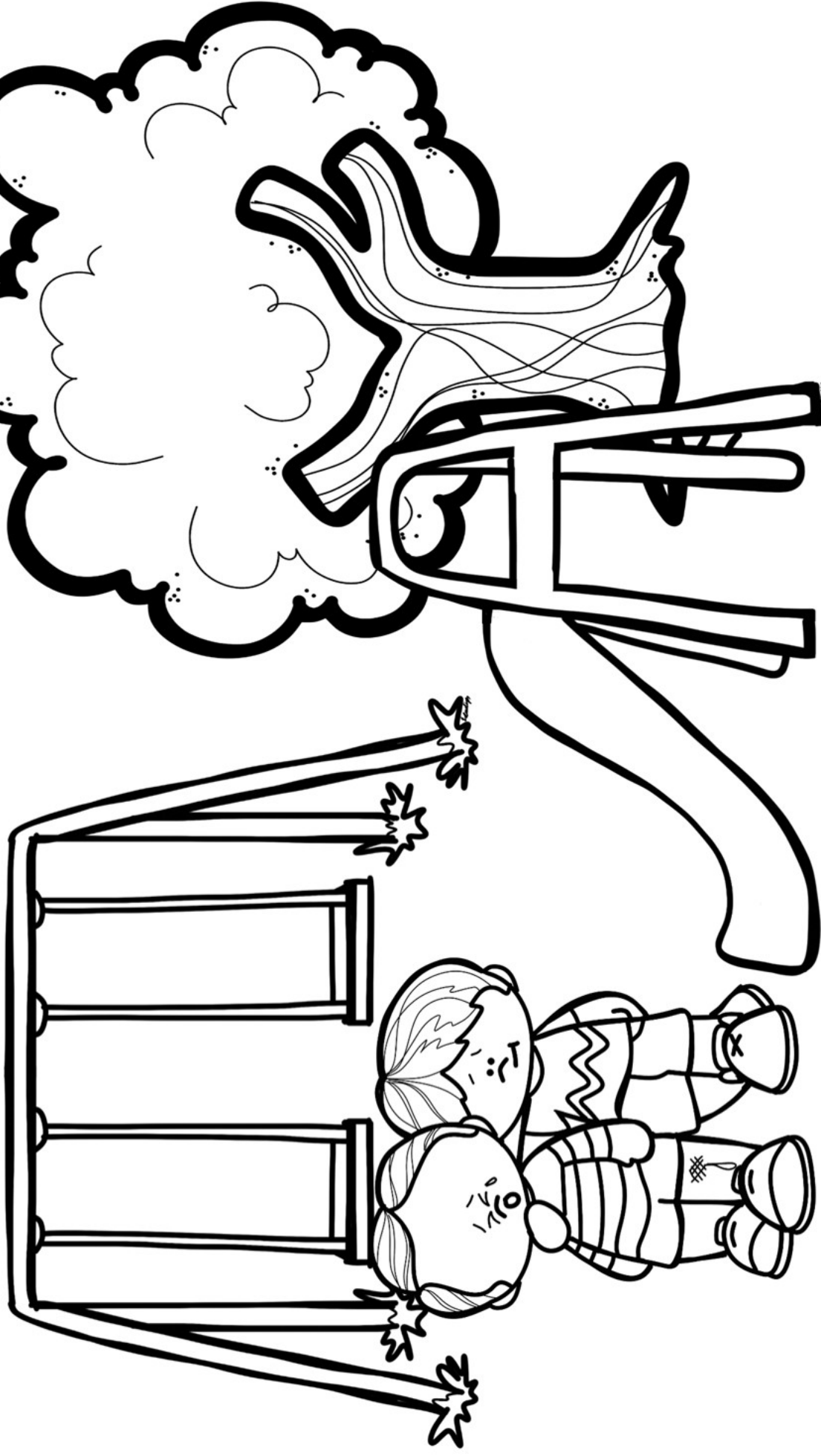
She asked Jean to play and helped her become a recess friend!



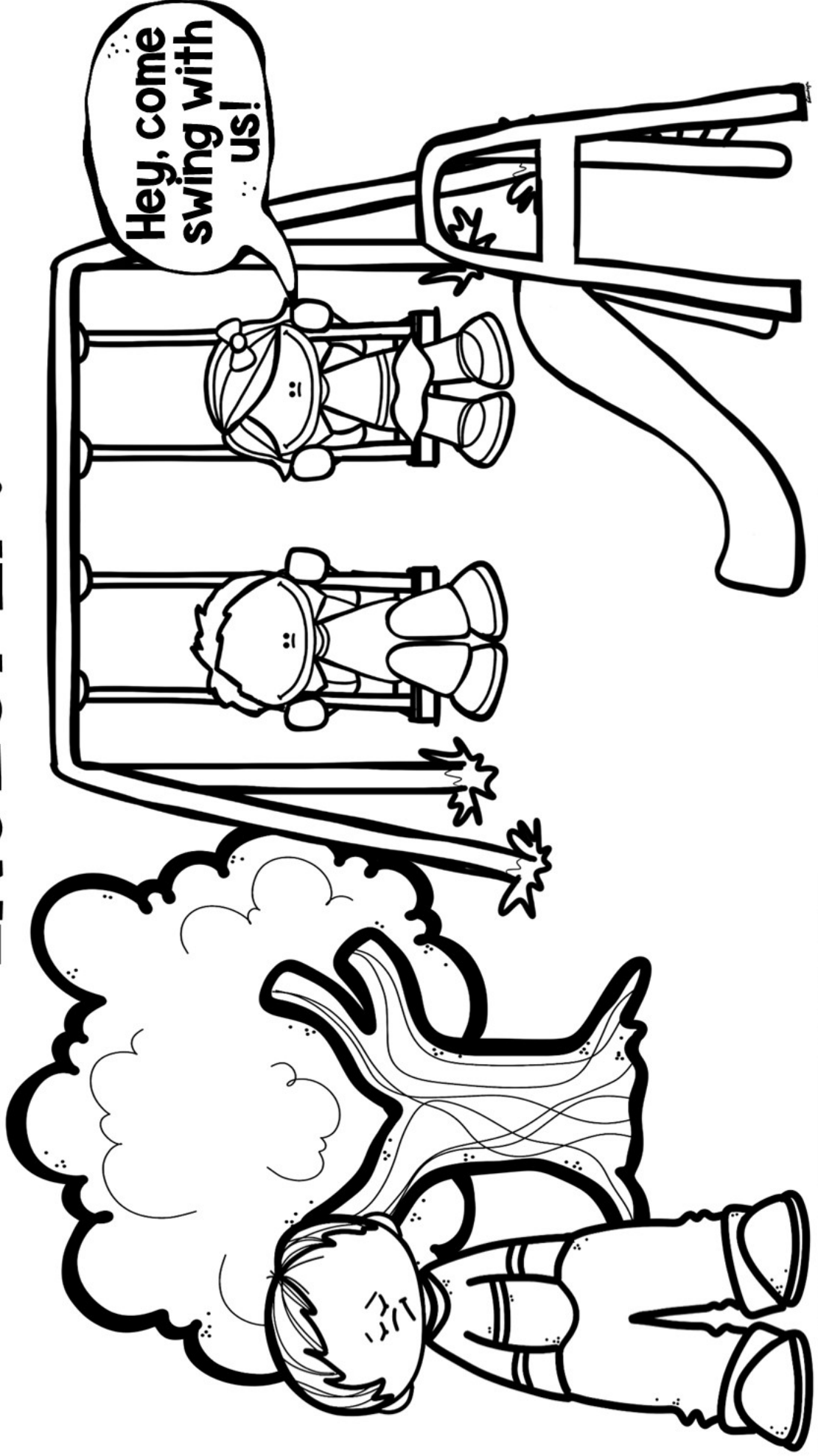
RECESS FRIENDS SAY, "HEY, WANT TO PLAY WITH US?"



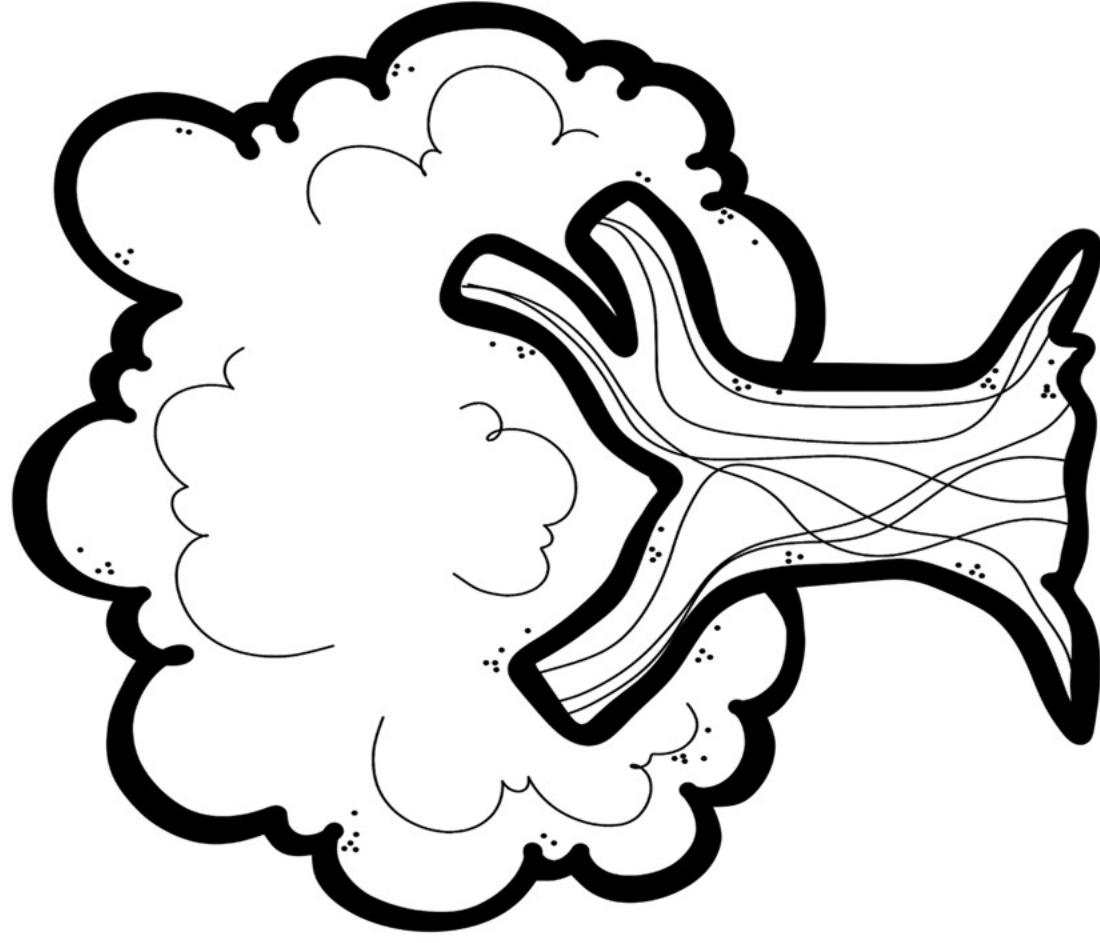
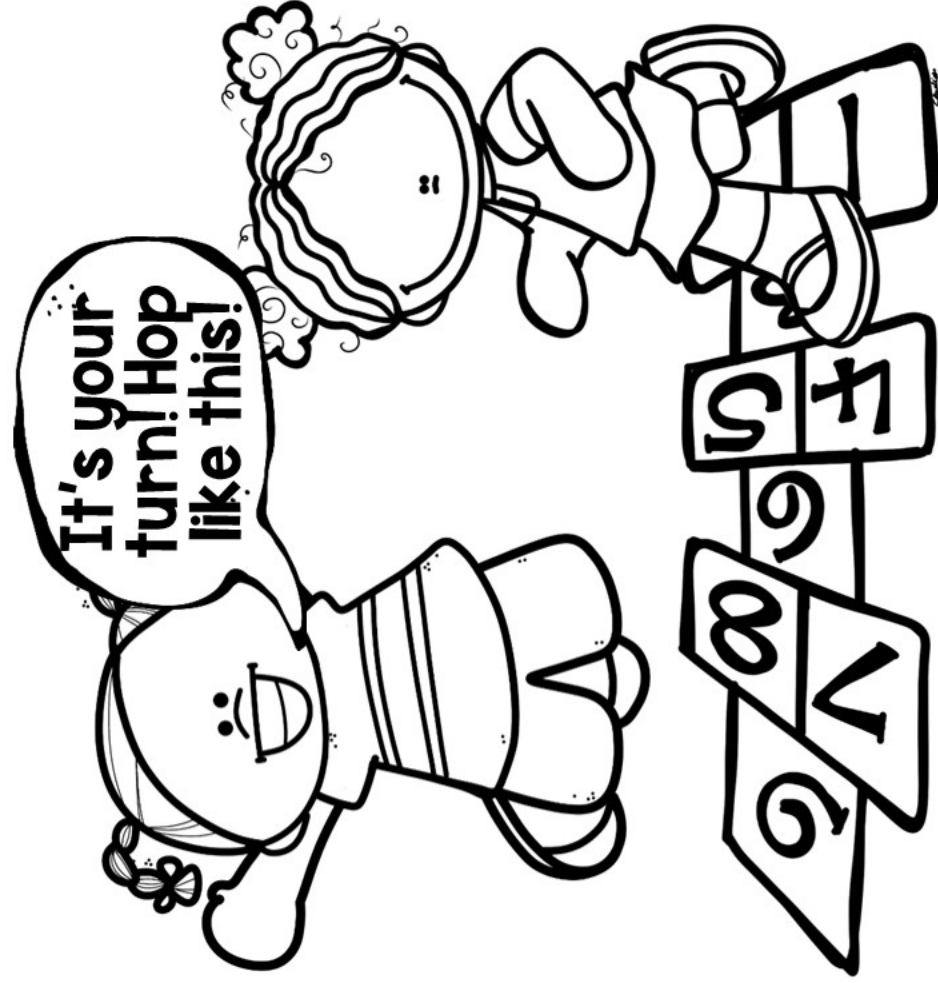
RECESS FRIENDS HELP OTHERS WHEN THEY'RE SAD OR HURT.



RECESS FRIENDS MAKE SURE EVERYONE IS INCLUDED.



RECESS FRIENDS FOLLOW THE RULES.



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